



Mazen Mohamed Sadek Mohamed Mansour

Swim Coach/Lifeguard/Diver

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Abu Dhabi, United Arab Emirates 📍

01 October, 1993 📅

Results-driven and certified Swimming Instructor capable of providing professional lessons and instructions on different swimming styles to various age groups. Offers a strong passion for teaching and extensive knowledge of swimming and first aid principles. Effective communicator with well-developed leadership skills and significant ability to remain calm under pressure.

EDUCATION

- **Bachelor's Degree in Physical Education – 2015**
Kafrelsheikh University

WORK EXPERIENCE

- **Swim Coach/Instructor**
Hotel of Titanic
06/2018 – 09/2019 *Sharm El-Sheikh, Egypt*
- **Lifeguard**
Village of Patros Aquapark
08/2017 – 05/2018 *Sharm El-Sheikh, Egypt*
- **Swim Coach/Instructor**
Village of Mousa Coast
09/2015 – 06/2017 *Mousa Coast, Egypt*
- **Swim Coach/Instructor**
Tanta Olympic Stadium
06/2014 – 07/2015 *Tanta, Egypt*
- **Swim Coach/Instructor**
The hunting Club
05/2013 – 05/2014 *Egypt*
- **Lifeguard**
Village of Golden Five Hotel
03/2012 – 04/2013 *Hurgada, Egypt*

TRAININGS ATTENDED

Emergency First Response Diving Training (10/2018 – 01/2019)
Open Water Diving (10/2018 – 01/2019)
Advanced Open Water Diving (10/2018 – 01/2019)
Surface Supplied Inshore Air Diver (06/2018 – 08/2018)
Rescuer Sunk "The Egyptian federation of diving and rescue" (04/2014)
Swimming Coach of the Egyptian federation of diving and rescue (04/2013)

SKILLS

- Swimming strokes
- Corrective Feedback
- Individualized Lessons
- Positive Reinforcement
- Injury management
- Goal Setting
- Competition Preparation

QUALIFICATIONS

Sound knowledge of swimming methods and techniques.
Profound knowledge of rules and regulations in the use of pool facilities.
Strong ability to perform first aid.
In depth ability to demonstrate proper swimming techniques.
Immense ability to react rapidly in dangerous situations
Scheduled practices and created workouts for swimmers of all skill levels

RESPONSIBILITIES

- Teaching and coaching one-to-one or in groups
- Planning and delivering sessions appropriate to the level of swimmer
- Provide explanations and demonstrate swimming techniques
- Observed swimmers to find and correct faults and identify ways to improve performance
- Ensuring that safety standards are followed at all times
- Check that life-saving equipment is in full working order
- Demonstrated the proper use of equipment to enhance the performance of the swimmers
- Dealing with minor injuries and accidents and keeping record
- Motivated individuals to perform to the best of their abilities resulting in personal goal attainment

LANGUAGES

Arabic ● ● ● ● ●
English ● ● ○ ○ ○
Russian ● ○ ○ ○ ○