



ACHSAH ANN VARGHESE

REGISTERED NURSE (NICU)

DHA License Holder (09957345-001)

OBJECTIVE

Compassionate, Organized, results-driven Neonatal Intensive Care Nurse with 4 years of experience in utilizing exception knowledge of neonatology, critical assessment, and effective communication with quality control efforts seeking an NICU position to provide high-quality patient care.

CONTACT



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Dubai, UAE

EDUCATION

BSc. Nursing

2013-2017

Kerala University of Health & Science

HSE

2011-2013

Kerala State Higher Secondary Board

SSLC

2010-2011

Kerala State Higher Secondary Board

WORK EXPERIENCE (4 Years)

**Registered Nurse – NICU / Aster Hospital,
Dubai, UAE**

2020 - Present

Responsibilities:

Assist in life saving resuscitation – Intubation, Defibrillation,

- CVC Insertion and ICD Insertion
- CPR Techniques
- Admission Procedure, Nursing Assessment
- Orientation, Physical Examination
- Taking vital signs, reporting, and recording
- Maintain the IV line
- Adminstrating IV Fluids, blood and blood products and drugs
- Collection of sterile specimens
- Follow universal precautions while doing any procedures
- Meeting patients' personal hygiene and maintaining sanitation
- Health education to patients and their relatives
- Providing direct patient care for new-born babies
- Analysing and evaluation the effectiveness of care to babies and mothers
- Maintenance of documents
- Manage patient in ventilator support
- Creating & welcoming, caring, and safe environment for neonates and their families
- Following physician rounds and carrying out the orders prescribed, assisting for diagnostic and therapeutic procedures.
- Planning and implementation of patient care (include hygiene, nutrition, comfort measures, elimination, and administration of medicines)
- Health education
- Discharge and follow up cares
- Administration of medicines
- Oxygen therapy
- Ryle's tube insertion
- Transfusion and infusion therapy
- I.V.Cannulation and blood drawing
- Urinary catheterization (Male & Female)
- Bladder irrigation
- Total parental nutrition
- ABC sampling
- ECG
- Cardiopulmonary resuscitation
- Dressing

PERSONAL

Date of Birth: 5th July 1995

Gender: Female

Nationality: Indian

LANGUAGES

English
Hindi
Malayalam
Tamil

EQUIPMENTS HANDLED

Mechanical ventilator
CPAP and HHHFNC
HFO
SLE
Girafee
Nitric Oxide Machine
Transport incubator
Neo puff
Defibrillator
Laryngoscope
ECG machine
Cardiac monitor
Pulse Oximeter
Nebulizer
Glucometer
Suction apparatus
CO2 cylinder
Laryngoscope
Ambu bag
Ophthalmoscope
Phototherapy
Incubator
Infusion and syringe pump
Chest tube drainage system
B.P. Apparatus
Radiant warmer
Digital thermometer
Stethoscope.
Sphygmomanometer
AMBU bag.
TCB Machine
Oxygen hood.
Syringe pump.
Suction machine.
Blender / wall oxygen

- Patient safety care
- Death care.
- Nebulization
- Steam Inhalation.
- Phototherapy
- Chest Physiotherapy
- Assisted for,
- Intubation
- Insertion of PICC line, UVC, UAC
- Ventilator
- CPAP
- Lumbar puncture (LP)
- Inter Costal Drainage (ICD)
- Supra public catheterization (SPC)
- Venous cut down, central, and arterial line
- Catheterization

**Registered Nurse – NICU /SRCC Children Hospital,
Mumbai, India**

2017-2019

(Job Responsibilities described same as above)

TYPES OF PATIENTS HANDLED

- Premature babies from 24 weeks of gestation
- Intra uterine growth retardation, Low birth weight babies
- Meconium aspiration syndrome.
- Infant of diabetic mothers.
- Respiratory distress, hyaline membrane disease,
- Hyperbilirubinemia.
- Neonates with congenital anomalies
- Congenital heart disease,
- Pneumothorax.
- Neonatal seizures, HIE
- Neonates with surgical emergencies (Anorectal malformation, CDH, Intestinal obstruction, TEF, Gastroschisis, Cleft lip and palate)
- Neonates with intra uterine infections
- Hyperpyrexia.
- Dehydrated babies.
- Hypoglycaemia
- Pneumonia.
- Infective hepatitis.
- Meningitis.
- Transient tachypnoea Neonatorum.
- PPHN
- Hypocalcaemia, septicemia

REFERENCES

Dr. Santhosh George

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(Specialist)
Aster Hospital, Dubai
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Dr. Beena Mathew Bhasan

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