

CURRICULAM VITAE



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PERSONAL DATA:

Name : **Sneha Varghese**
Date of Birth : 23/09/1996
Sex: : Female
Religion. : Christian
Nationality : Indian
Marital Status : Unmarried

PRESENT ADDRESS:

Registered Nurse
Danat Al Ain isolation centre
Medi Q health care LLC .
ABU DHABI

PERMANENT ADDRESS:

Chalinkara house
Pattikkad P O
Manjakunnu Trissur
Kerala
Pin. 680652

LANGUAGES KNOWN:

English, Hindi, Malayalam, Tamil

Post Applied for: Registered Nurse / Registered Nurse in ICU

CAREER OBJECTIVE

To achieve excellence in the field of nursing to attain a challenging career where I can contribute to the best of my knowledge and my talents for the benefits of the hospital and patients as well as myself employing latest methods in care giving while providing flexibility for growth and opportunities for maximum utilization of potential.

PROFESSIONAL QUALIFICATION

- ❖ **B.sc nursing (2014-2018) Assisi college of Nursing: Erumely, Kerala, India.**

ACADEMIC QUALIFICATION

- ❖ **PLUS TWO from Kerala state Board of Higher Secondary Examination (2014), Pattikkad.**
- ❖ **SSLC from Kerala state Board of examination in 2012.**

PROFESSIONAL REGISTRATION

- ❖ Kerala state Nursing Council, 2018
- ❖ Maharashtra state Nursing council 2018 to 2021

PROFESSIONAL EXPERIENCE

- ❖ **Total Experience: 2Years**
- ❖ Worked as a Registered Nurse in a JCI, NABH Accredited hospital Wockhard hospital Mumbai central Maharashtra from 29 October 2018 to 23 November 2020.
- ❖ Worked as a Student Nurse in **Assisi Hospital Erumely** 2014 to 2018
- ❖ Working as a registered Nurse at MediQ Healthcare LLC, subsidiary of Tamouh Abu Dhabi, UAE from January 21 to till date

CORE STRENGTHS

- ❖ Energetic, organized, positive and self-motivated with ability to speak and Write effectively.
- ❖ Unique ability to adapt quickly to changes and changing environments
- ❖ Able to handle any situations with a ready to serve mentality under any Circumstances.

Types of medical conditions attended.

- ❖ Patients with disorders of the Liver and Adjacent Structure- Jaundice, Viral Hepatitis, Cirrhosis of the liver, Cholelithiasis, cholecystitis, Pancreatitis etc...
- ❖ Patients with cardiovascular disorder- Rheumatic heart diseases, Valvular diseases, hypertension, Ischemic heart diseases, MI, Angina pectoris, CHD, PPI, TPI, PTCA, CAG etc...
- ❖ Patients with peripheral vascular disorders- Arteriosclerosis, Varicose veins, Thrombophlebitis, DVT etc...
- ❖ Patients with blood disorders- Anemia, DIC, Leukemia. Thrombocytopenia, neutropenia. Etc...
- ❖ Patients with Endocrine Problems- Thyroid Dysfunction, D.M., DKA, etc...
- ❖ Patients with digestive system disorder- Peptic ulcer, Appendicitis, Intestinal obstruction, Carcinoma of GI tract etc...
- ❖ Patients with urinary system disorders- CKD, Pyelonephritis, Renal calculi, BPH etc..
- ❖ Patients with neurological disorders- Seizures, CVA, meningitis, encephalitis, brain hemorrhages etc...
- ❖ Patients with respiratory disorders- URTI, LRTI, Asthma, Tuberculosis, Carcinoma of lung, pleural effusion, COPD, pneumothorax, hemothorax etc...
- ❖ Patients with Infectious disease- Retrovirus, MRSA, herpes simplex, malaria, chicken pox, typhoid, HbSAg, H1N1 etc...

Direct patient care.

- ❖ Admissions and discharges of the patients.
- ❖ Maintain personal hygiene and daily living activities of the critical patients.
- ❖ Provide psychological Support.
- ❖ Attend the Nutritional needs of the patient.
- ❖ Maintain clean and safe environment.
- ❖ Follow doctor's rounds.
- ❖ Administration of Medication.
- ❖ Assisting doctors in various medical procedures.
- ❖ Preparing articles and patients for medical or nursing procedures.
- ❖ Maintain patient's documentation.
- ❖ Observe change in patient conditions and record.
- ❖ Rehabilitation.
- ❖ Collection of laboratory specimens for the investigation.

- ❖ Fluid and electrolyte balance.
- ❖ Insertion of nasogastric and peripheral venous access and gastric lavage.
- ❖ Barrier nursing and isolation for the respective patients
- ❖ Team approach.

Procedures assisted and known

- ❖ Hemodialysis
- ❖ Suturing
- ❖ Intubation
- ❖ CVP Line Insertion
- ❖ Arterial Line Insertion
- ❖ Pulmonary Arterial Line Insertion
- ❖ TPI Insertion
- ❖ IABP Insertion
- ❖ Blood Transfusion
- ❖ Ryle's Tube Insertion
- ❖ Assisting CPR
- ❖ Bladder Catheterization
- ❖ ICD Insertion
- ❖ Pleural tapping
- ❖ Defibrillation
- ❖ Lumbar Puncture
- ❖ Invasive Pressure Monitoring.

Equipment's handled

- ❖ Sphygmomanometer
- ❖ Nebulizer
- ❖ Glucometer
- ❖ Steam Inhaler
- ❖ Centralized Oxygen & Suction
- ❖ Defibrillator
- ❖ Ambu bag
- ❖ Ventilator
- ❖ ECG Machine
- ❖ Syringe Pumps
- ❖ Cardiac Monitors
- ❖ IABP Machine
- ❖ Temporary Pacemaker
- ❖ Thermometer
- ❖ All Invasive Pressure Monitoring systems
- ❖ ACT Machine

Ward management.

- ❖ Maintain M. L. C Record.
- ❖ Check Emergency Drugs, Narcotic Drugs & Inventories.
- ❖ Deal with Admission and Discharge procedures
- ❖ Timely identification and communication of any issues to superiors.
- ❖ Maintain an effective interdisciplinary communication process.
- ❖ Maintain records and reports.
- ❖ Maintain continuity of the care by observing adequate handling and take over procedures during the change of shifts.

Reference.

REFERENCE :

- Prof. Boney Scaria
MSc (N)
Principal,
Assisi college of Nursing
- Dr.Kedar Toraskar
Physician critical care
Wockhardt Hospital
Mumbai central
Mob.9819844451
- Ms.Elizabeth Joseph
Chief nursing officer
Wockhardt hospitals
Mumbai central,Maharashtra
- Ms.Rashmirekha Pati
Nurse Manager
Medical ICU
Wockhardt hospitals
Mumbai central,Maharashtra

Declaration.

I hereby declare that the statements made in this resume are true and correct to the best of my knowledge and belief. I understand in the event of any particular information given above being found false or incorrect, my candidature will be rejected.

Yours Truly,

Sneha vargheses