

# **CURRICULAM VITAE**

**Ms. SIMIMOL MATHEW**

MANNUKKUNNEL (HOUSE)

MANNARAKAYAM (P.O)

KOTTAYAM (DIST.)

KERALA (STATE), INDIA

Contact No : +971 54 468 3854

: +971 50 195 1337



**VISA: VISITING VISA**

**DHA RN (01722897)**

E-mail: [simimolmathew91@gmail.com](mailto:simimolmathew91@gmail.com)

## **Objective**

To enhance my skills in Critical care area by utilizing my experience and dedicate my service to society and in the process to develop my personality.

**Specialty** : **EMERGENCY AND TRAUMA ROOM (King Khalid Hospital & Heart Center, Najran Saudi Arabia)**

Designation : Staff nurse

Total Experience : 7 Years (5 years of Continuous experience in Emergency Trauma)

Age/sex : 29 years/ Female

Languages Handling : English, **Arabic**, Malayalam, Tamil.

Nationality : Indian

Religion : Christian

Education : City college of Nursing, Manglore (Karnataka)

Course : BSC. Nursing

Year of Passing : 2012, AUGUST

### **EMPLOYMENT HISTORY**

Institution	Designation	Department	Period	Duration
KING KHALID HOSPITAL & HEART CENTER ,NAJRAN,SAUDI ARABIA	STAFF NURSE	EMERGENCY AND TRAUMA ROOM(ER)	12/09/2015- 18/07/2020	4 YEARS & 10 MONTHS
FATHER MULLER MEDICAL COLLEGE	STAFF NURSE	ORTHOPEDIC WARD AND EMERGENCY ROOM(ER)	24/01/2013- 06/04/2015	2 YEAR AND 2 MONTHS

### **RECENT EMPLOYMENT DETAILS:**

Name of Hospital : KING KHALID HOSPITAL, NAJRAN (SAUDI ARABIA)  
(King Khalid Hospital and Prince Sultan Kidney and Heart Center is a 330 bed capacity hospital, it's a premier multi-specialty Trauma Center, CBAHI and JCI accredited hospital, it is a referral hospital in Najran Region)  
Hospital Capacity : 330 Beds  
Position : Staff nurse  
Unit : ER  
Unit Capacity : 32 bedded  
Nurse / Patient Ratio : 1:2

### **PROFESSIONAL QUALIFICATIONS:**

Course	Institution	Board / Univ.	Year	Reg. No.	Marks
BSC NURSING	City college of Nursing, Manglore (Karnataka)	Rajiv Gandhi University Of Health Sciences	2008-2012	52637	1 - 61% 2 - 63% 3 - 66% 4 - 64%

### **LICENSES AND CERTIFICATIONS**

Registered Nurse License – **Dubai (DHA)** –ID No: 01722897

Registered Nurse license- **Saudi Arabia** – ID No: 16-N-N-0011465

Registered Nurse license- **Karnataka State Nursing Council** – ID No: 52367

BLS Certification – National Health Care Provider Solutions  
ACS Certification - National Health Care Provider Solutions  
PALS Certification- National Health Care Provider Solutions

**EDUCATIONAL QUALIFICATIONS:**

Course Details	Board / University	Year	Marks
S.S.L.C	Board of Public Examination, Kerala State	2005– 2006	66%
PLUS TWO	Board of Higher Secondary Examination, Kerala State	2007 – 2008	66%

**SUMMARY OF EXPERIENCE:**

Displayed expert clinical skills in managing the critical care of all categories of Emergency Department patients.

- Reacted effectively in emergency scenarios, demonstrating sound decision-making that helped saved patient lives.
- Utilized the nursing process based on staff and patient interviews.
- Collaborated with other ER professionals to ensure effective patient care delivery-Identified patients' condition and addressed nursing care.
- Assisted in the efficient operation of Emergency Room unit- Performed various medical assignments as required.
- Continually look for opportunities for professional development and improvement.
- Experience with Omni cell medication distribution and computerized charting.
- Consulted and coordinated directly with physicians to assess, plan, implement, monitor, and evaluate patient care plans from admission through discharge.
- Maintained accurate, detailed reports and records.
- Monitored, recorded and reported symptoms and changes in patients' conditions.
- Instructed individuals and families on topics such as health education, disease prevention and management, and developed health improvement programs.
- Prepared patients for, and assisted with, examinations and treatments.
- Assessment and placement of patients as a triage RN.
- Ensure the provision of quality emergency medical care to patients requiring emergency treatment in accordance with physician orders, hospital policy, and standard nursing practice.
- Coordinate patient referrals and discharge planning activities.
- Identified and met patient/family learning and discharge needs upon admission through discharge; executed necessary trauma, emergency and rapid assessment processes while providing comfort and care to patients and families in emergency situations.
- Assisted with various emergency procedures, treatments and techniques; worked within a multi-disciplinary environment to ensure that the highest level of care was maintained at all times.
- Applied expertise in rapid assessments and treatments, particularly upon patient arrival to the ER during initial phase of acute illness and trauma; treated a variety of illnesses or injury in children and adults, from minor bacterial infections, to cardiac arrests, to emergency trauma situations.
- Offered patient teaching and discharge from ER or transferring to the floor hospital bed.

## **ADMINISTRATIVE RESPONSIBILITIES**

- Co-ordination of nursing activities.
- Assigning and delegating duties and responsibilities.
- Orientation of nursing students and new staffs.
- Supervision of junior staffs, nursing aids and domestic staffs.
- Storing of HIGH ALERT drugs, LASA drugs
- Maintaining stock-linen, central store stock supplies and drugs at all times
- Repairs and replacements
- Inventories and recording.

## **CASES HANDLED:**

- Myocardial Infarction
- Congestive Cardiac Failure
- Angina Pectoris
- Hypertension
- Pneumonia
- Respiratory failure
- Intercostal Drainage
- End Stage Renal Disease
- Bomb blast And Gunshot Injury Cases
- Burns Cases
- Infectious isolation cases including MERS-CoV and COVID-19 cases.
- All kind of trauma (RTA & Other) and fracture cases

## **PROCEDURES CARRIED OUT / ASSISTED FOR:**

- Intubations
- Emergency Thoracotomy
- Intramuscular Injection
- Intravenous Injection
- Subcutaneous Injection
- Phlebotomy
- Blood and blood product transfusion
- Introducing Nasogastric Tube
- Introducing Foley's Catheter
- Wound dressings
- Elastic Bandage Applications
- Suturing, Suture removal etc.
- Central venous catheterization
- Paracentesis
- Inter costal drain insertion
- Liver aspiration

## **DECLARATION:**

I hereby declare that the above statement is true and accurate to the best of my Knowledge.

Date :  
Place :

SIMIMOL MATHEW