**CURRICULUM VITAE**

NAME: AGHAMBA RACHELLE ESOLIKA

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PERSONAL DETAILS

Gender: Female

Nationality: Cameroonian

Language: English/French

**PROFESSIONAL SUMMARY**

Compassionate caregiver who knows how to keep a level head during emergencies. Able to provide a number of services to patients to make them feel comfortable and safe at all times. Excel at exemplifying proper bedside manner. Specialization in looking after elderly patients.

Skills

* Calm, upbeat demeanor to give patients more than just a caregiver but to give them a friend
* Active listening skills to take my time to understand what a patient is trying to communicate
* Exceptional cooking skills to accommodate any diet restrictions
* Bilingual in English and French

**WORK EXPERIENCE**

**CAREGIVER-MBINGO BAPTIST HEALTH CENTER-CAMEROON (2016-2020)**

* Assist patient with getting out of bed in the morning and helping her get dressed.
* Bathe patient, and check individual’s vitals first thing during this time.
* Perform a variety of chores for the patient such as doing laundry, going to store to purchase groceries, and directing proper use of medication.
* Prepare meals for the patient so she can keep a healthy, balanced diet
* Administered personal hygiene assistance to patients at their bedside..
* Offered companionship to patients, and played games with them or read to them.

**ASSISTANT TEACHER (2013-2015)**

* Implemented an after-school tutoring program for children who are falling behind in classes. The free program includes one-on-one instruction, group teaching, homework help, snacks, and a small library.
* Assist teachers during field trips to ensure all children are accounted for during presentations, lunch stops, and bus rides.
* Type flyers and informational packets for teachers to send home with children to let parents know about school happening
* Supervised pupils during lunchtime, recess, and assemblies to ensure safety of pupils.
* Distributed tests, monitored testing, and answered questions as needed, and collected and graded tests at the end of the assessment..
* Prepared lesson outlines and created worksheets for teachers to hand out to pupils.
* Communicated with parents on behalf of the teacher when necessary, answering questions, addressing concerns, and scheduling parent-teacher conferences.
* Planned and prepared teaching aids, such as worksheets, short stories, puppet shows, group projects, and audio-visual components to assist with daily lessons.

**EDUCATIONAL BACKGROUND:**

* University graduate
* Diploma in computer microsoftware
* Currently undergoing studies in nursing assistant

**LANGUAGE SKILLS**

ENGLISH: Fluent, speaking, reading and writing

FRENCH: Average, speaking, reading and writing.

**HOBBIES AND INTERESTS**

When I am not caring for the elderly, I enjoy being a tutor for children on the weekends. Some children require extensive help with their work while others are just looking for someone to read to them. I am always willing to offer my help with anything asked of me, and many of the children I have tutored over the years have gone on to excel in the classroom.