**CURRICULuM VITAE**

**ADDRESS**



Deekshith Kumar

H. NO.2-100-3

Near Nandikeshwara Bhajana Mandir,

Moodabettu, Katapadi,

Udupi, 574105, Karnataka.

PH: 9901331841

**SUMMARY**

I am a dedicated and qualified dietitian with 13 years of experience in offering dietary advice in a reputed hospital. I am seeking to develop my skills in a new role to help people develop healthier diets and lifestyles.

**Professional Experience:**

I am working as a Deputy Incharge Dietician at Kasturba Hospital from 4th May 2009 to till present.

* **RESPONSIBILITIES**
* Clinical and Therapeutic diet management for patients
* Assessing ,treating and evaluating patients
* On rounds, knowing the patients food habits and giving them the right kind of food which can heal their aliments faster.
* Supervising the preparation and serving of meals.
* Instructing patients and attendees clearly on what to eat and when.

**COMPETENCIES INCLUDE**

* Nutritional Assessments
* Therapeutic Menu planning.
* Diet calculations.
* Diet counseling.
* Training

**EDUCATION QUALIFICATION:**

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| --- | --- | --- | --- |
| **Qualification** | **Institute/School/** | **Board/University** | **Year of passing** |
| M.Sc,(CND) | KSOU,Mysore | KSOU,Mysore | 2020 |
| Post graduate diploma in Dietetics | WGSHA | Manipal University | 2008 |
| Bsc (MPC) | M.G.M college Udupi | Mangalore University | 2007 |
| 12th | St Marys PU College,Shirva | Dept of Pre-University education ,Govt of Karnataka | 2004 |
| 10th | Hindu Junior college Shirva | Karnataka secondary education examination board | 2002 |

 **OTHER ACTIVITIES**

* Was part of the team in conducting poster presentation, seminars and various nutrition education programs on National Nutrition week and World Diabetes day at Kasturba Hospital, Manipal.
* Member of **Medical Record Audit committee** in Kasturba Hospital, Manipal.
* ISO 9001:2008, 14001:2004 certified **Internal Quality Auditor** in Kasturba Hospital, Manipal.
* Completed the Internal Auditor Training covering QMS (ISO 9001:2015) & (ISO 14001:2015 ) inline with the requirements of ISO 19011:2011delivered by M/s Suprabha Quality Solutions,Bengaluru at Manipal University,Manipal on January 3rd & 4th 2017.
* Got Certificate of Appreciation for service and contribution during the COVID-19 Pandemic.
* Participated and successfully completed the ONLINE course on Fundamentals of Renal Nutrition in CKD in the year 2020.
* Got certificate on training on ensuring food safety and maintaining food safety standards in supplementary nutrition in ICDS by National Institute of Public Cooperation and Child Development organized by the institute of KMC Manipal from 14th February to 16th February 2019.
* Participated in the online webinar titled “National Nutrition Debate in the year 2020-21.
* Participated and successfully completed the program titled “Nutrition Expert Network in the year 2018.
* Was part of the team in conducting the conference titled“NUTRITION UPDATE” at Kasturba Hospital, Manipal on September 3th, 2016
* Participated in the one day seminar on “HACCP awareness and Food Safety Training by Dheya Food Safey Training & Consultancy held at Omega hospital, Mangalore on the occasion of National Nutrition Week in 2016.
* Got Certificate of Recognition for attending the First International Conference on Food,Nutrition and Health( ICFNH-2016) organized by IDA,Kilakarai chapter on 7th to 8th June,2016.
* Completed the Internal Auditor Course on Integrated Management system (ISO 9001:2008 & ISO 14001:2004) from 4th to 6th July 2013.
* Participated in **NABH orientation training** program held at Kasturba Hospital, Manipal,2012
* Actively participated in CME titled ‘Malnutrition Assessment and Outcomes in Hospitalized Patients’ held on 2012.

**PROFESSIONAL AFFILIATIONS**

**Life Member**: Indian Dietetics Association

**Life Member**: Paramedical Council of India

**COMPUTER SKILLS:**

* Presentation Tool (MS PowerPoint)
* Documentation Tool (MS Word)
* Analysis and Tabulation Tool (MS Excel)

**STRENGTHS**

* + Patience
	+ Hard working
	+ Enjoy Challenging works
	+ Adaptable to all environments.

**PERSONAL DETAILS:**

Name : DeekshithKumar

Date of Birth : 20-08-1986

Gender : Male

Telephone : 9901331841

Language Known : English, Hindi, Kannada, Tulu.

Email : deekshith.kumar@manipal.edu

Passport Number : **W0055063**

Skype ID : deekshith885

**References:**

* Mrs. Suvarna Hebbar- Incharge Dietitian, Department of Clinical Nutrition and Dietetics, Kasturba Hospital, Manipal, Ph: +91 9886576666
* Mr. Jibu Thomas- Associate Director-Operations -Kasturba Hospital, Manipal, Ph: +91 9481758120

I declare that the above stated details are true to the best of my knowledge.

Place: Manipal Deekshith Kumar

 Date 7th March 2023 Yours sincerely,