



HSE OFFICER

ABHILASH K G

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CAREER OBJECTIVE:

To achieve an exigent post in a reputed firm where I can maximize my technical skills, quality assurance and training experience, to work under demanding circumstances and to learn new skills and grow along with the firm.

CAREER SUMMARY:

- A NEBOSH certified competent professional with 4 years of qualitative experience in Health and Safety (Construction, Interiors and Maintenance) field.
- Keen in Safety inspections and monitoring the work place.
- Experienced in conducting Safety classes and Tool box talks.
- Assisted in Gas testing and Oxygen level monitoring.
- Prepared Safety documentations and check lists.
- Recognized for reporting of hazards and safety violations to the Senior Safety Officials on time.
- Handled various job specific Safety Inductions and Trainings.
- Prepared of JSA (Job Safety Analysis)\JLA (Job Loss analysis).
- Maintained LPOs (Loss prevention Observation) Reports.
- Made PPE Material Indent & Reconciliation Reports.
- Were in charge of all handling PPE Issues and Replacements.
- Assisted in LPSA Training (Loss Prevention Self-Assessment).
- Handled various Safety documentations including HIRA, SWMS.
- Assisted in making Accidents and incident reports.
- Maintained Safety statistical board
- Team Leader with good analytical, problem solving, leadership and communication skills.
- An effective communicator with excellent interpersonal & relationship management skills.

Educational Background:

- B.E (Electrical & Electronics) – Manav Bharati University, 2013
- Diploma MEP Designing and Draughting– QMS AIAO-BAR USA Accredited 2014
- Diploma in Industrial Safety and Fire Safety - American National Accreditation Board & Accreditation Services, 2015
- AUTOCAD – Autodesk Certification, 2014
- REVIT MEP – Autodesk Certification, 2015
- NEBOSH - British Safety Council, 2018

ORGANISATIONAL EXPERIENCE

AUG 2018 to JAN 2020:-

Employer: PRAGATI INFRA INTERIORS PVT LTD, BANGALORE

Designation: Safety Officer

Projects/Client: Exxon Mobil India Pvt Ltd and IBM Embassy Gold Links, Bangalore, India.

Roles & Responsibilities:

- Maintain and supervise safe works methods with the site team and engineers.
- Carried out regular Tool box talk meetings for the workforce to ensure all safety standards are met with.
- Monitored and consulted workers for health and safety related issues due to improper job practices.
- Maintained safety documents and check list needed for carrying out safe work methods.
- Carried out site inspection prior to work for assuring safe working atmosphere.
- Prepared Safe work methods (WMS) for each specific job.
- Provided job specific safety induction training for every new vendors and workers prior to site entry.
- Maintained MSDS and SWMS records related to jobs carried out at site.
- Inspecting and maintaing all personal protective, fire fighting and safety equipments to ensure work place safety.
- Vendor coordination for maintaing safety protocols during Electrical, HVAC & Fire alarm installation works.
- Preparation of material intend reports and PPE reconciliation reports.
- Assisting in the development for fire safety plan/Emergency plan.
- Ensuring health and safety requirements are met when new alteration or equipments are introduced in workplace.
- Educating and training Workers and staffs on how to identify risks and setup preventive measures.
- Carryout daily walkthrough and in depth site safety inspection to ensure safety precaution are in place and to identify areas of improvement for reporting higher officials.
- Periodic inspection of all Hand tool, Power tools, Electrical equipments and Scaffoldings etc
- Facilitating First Aid to employees when accidents occur.
- Training personals on usage of fire fighting equipments and emergency procedures.
- Verification of cable Interconnection diagram in-line with vendor schematic drawing.
- Organizing and conducting HSE training programs and weekly safety awareness classes.

NOV 2015 to MAY 2018:-

Employer: SHANTHIMA ENGINEERING WORKS PVT LTD, KERALA

Designation: Safety Supervisor

Project/Client: Kerala Minerals and Metals Ltd, Kerala, India

Roles & Responsibilities:

- Conducted routine safety inspections and safety walk through.
- Daily TBT and safety induction training for new employees as per client safety procedures
- Maintaing safety documents need for carrying out safe working procedures.

- Reporting health and safety violations to senior officers.
- Implementing fines and penalties for health and safety violations.
- Handled and maintained certificates and other documents for all equipments and Workers.
- Examining and monitoring whether hot works are carried out safely.
- Made sure that hazardous chemicals are handled carefully and properly storage or disposed after use.
- Inspected all hand tools and power tools are in proper working condition.
- Reviewed & checked safe working methods to ensure that they are followed correctly.
- Provided guidance and advice to workers on how to perform proper lifting and carrying of heavy objects and avoiding ergonomic hazards.
- Resolve any unexpected risks, incidents or accidents, and other problems that may arise due to improper planning.
- Supervise subcontractors to carry out site works safely according to Health and safety guide lines and protocols.
- Keep records and related data of site safety incidents and accidents in order to maintain regular/timely update to Project Manager.
- Responsible for the safety and maintenance of equipments and other company properties.
- Maintained both safety and site work implementation in order to achieve the project target completion date.

SOFTWARE SKILLS:

- AutoCAD 2018 (Autodesk Certified)
- AutoCAD MEP 2018 (Autodesk Certified)
- Revit MEP (Autodesk certified)
- MS OFFICE (Word, Excel, PowerPoint)

PERSONAL INFORMATION:

Date of Birth : 07/07/1990
 Nationality : Indian
 Visa status : Visit visa
 Marital Status : Unmarried
 Languages known : English, Hindi, Malayalam, Tamil
 Current address : Flat no: 302, Al Mehairi building, near ADCB Bank, Karama, Dubai
 Permanent address : Aswathy Cottage, Akkal, Edappallycotta P.O, Kollam, Kerala, India

DECLARATION:

I hereby declare that the particulars furnished above are true to the best of my knowledge and belief.

Yours Sincerely,
ABHILASH K G