



**HAAD-RN AGN325309**

**SANIMOL JOSEPH**

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## **STAFF NURSE IN MEDICAL AND SURGICAL DEPARTMENT**

### **Objective**

A challenging nursing professional position at an esteemed health care system that provides me the opportunity to contribute to my nursing and healthcare skills developed during the Nursing training "VIDYARATNA COLLEGE OF NURSING".

Reliable and ethical health care provider with ability to stay calm and intervene during crisis, facilitate group and educational seminars and collaborate with multidisciplinary teams. Proven ability to build positive relationship with patients, family members, physicians and other medical professionals.

### **Prelude**

Presently working as a Staff Nurse in Medical & Surgical Department in Fortis Hospitals, Mumbai (Joint Commission International Accredited Hospital and NABH Accredited Hospital).

Actively participated in development and implementation of treatment plans for patients with broad range of health issues.

### **Education**

<b>QUALIFICATION</b>	<b>INSTITUTION</b>	<b>YEAR OF PASSING</b>	<b>PERCENTAGE</b>
SSLC	SH GIRLS SCHOOL, RAMAPURAM	2010	74%
PLUS TWO	V.H.S.E MOOLAMATTOM, IDUKKI	2012	82%
FIRST YEAR	VIDYARATNA COLLEGE OF NURSING, UDUPI	2013	2ND CLASS

SECOND YEAR	VIDYARATNA COLLEGE OF NURSING, UDUPI	2014	1ST CLASS
THIRD YEAR	VIDYARATNA COLLEGE OF NURSING, UDUPI	2015	1ST CLASS
FOURTH YEAR	VIDYARATNA COLLEGE OF NURSING, UDUPI	2016	1ST CLASS

## Personal Details

Gender : Female  
 Date of Birth : 22/07/1994  
 Languages Known : English, Hindi, Malayalam and Kannada  
 Permanent Address : Sani mol Joseph Chalil (H), Edadu(P.O), Moolamatom, Idukki, Kerala, Pin - 685589  
 Contact address : Bramharaj Chandan building, Plot no-81, Near Kumkum Corner, Sector 8/A, Airoli, Navi Mumbai – 400708

## Passport Details

Passport number : P5017180  
 Date of issue : 28/11/2016  
 Date of expiry : 27/11/2026

## Additional Training & Certifications

- ❖ B.L.S. conducted in Fortis Hospitals, Mulund, Mumbai on 2015.
- ❖ A.C.L.S conducted in Fortis Hospitals, Mulund, Mumbai on 2015.
- ❖ Oncology medications conducted by Fortis Hospital, Mulund, Mumbai.
- ❖ Active Member in NABH Training Survey to achieve the NABH Accreditation
- ❖ Pain Management conducted by Fortis Hospitals, Mulund, Mumbai
- ❖ I.V Cannulation conducted by Fortis Hospitals, Mulund, Mumbai.
- ❖ Active Member in JCI Accreditation Survey to achieve the JCI Accreditation for the fifth time
- ❖ Active Member in NABH Accreditation re audit.
- ❖ **Medication safety and management workshop conducted by Fortis Hospital Mulund**
- ❖ **Insulin therapy workshop conducted by Fortis Hospital Mulund, Mumbai**

## Professional Experience- MEDICAL & SURGICAL DEPARTMENT

- ❖ Working as a Staff Nurse in Medical & Surgical Department at Fortis Health Care Limited, Mumbai, from 29<sup>TH</sup> Nov 2016 to till date.

## Description of Hospital

- ❖ FORTIS HEALTH CARE LIMITED, MULUND, MUMBAI
- ❖ WORKING EXPERIENCE IN –Medical & Surgical Department.
- ❖ BED CAPACITY – 280
- ❖ NO. OF BEDS IN MEDICAL & SURGICAL WARD-20
- ❖ FULLY COMPUTERIZED & ELECTRONIC HEALTH RECORDING ASSEMBLED.
- ❖ JOINT COMMISSION INTERNATIONAL ACCREDITED (JCI) SUPER SPECIALITY WORLD CLASS HOSPITAL.

## Cases Handled

### EMERGENCIES

Myocardial infarction, Angina pectoris, CCF, Congenital Heart disease, Ventricular Tachycardia, Ventricular Fibrillation, Atrial Fibrillation, Atrial Flutter, PSVT, Pericardial Effusion, Cardiogenic Shock, Hypertension, Heart Blocks, Coronary Artery disease, Myocarditis, Pericarditis, Rheumatic Heart disease, Post CABG patient with chest pain, Acute Coronary syndrome, Cerebrovascular Accident, Head Injury, Polytrauma, Anaphylactic reaction, Respiratory arrest, Bronchial asthma, C.O.P.D, CRF, ARF, Diabetic ketoacidosis, Hyperglycemia, Hypoglycemia, Meningitis, TIA, Gastroenteritis, Cholecystitis, PPH, Cirrhosis of liver, Liver abscess.

## Skill Set

### Medical & Surgical Ward

- ❖ Managing clients with angina, myocardial infarction, cardiogenic shock, arrhythmias, pulmonary embolism, hypertensive crisis, cardiac arrest and cardiac failure.
- ❖ Interpretation of ECG.
- ❖ Preparing the clients for angiography, PTCA, and different surgical procedures.
- ❖ Efficient in cardio pulmonary Resuscitation (CPR)
- ❖ Evaluation and modifying the plan of care based on observable responses by the clients and attainment of the client goal.
- ❖ Monitoring of arterial blood gas analysis.
- ❖ Insertion of BARD Wing needle and administration of medications through chemo port.
- ❖ Preparation and administration of medicines, injections intravenous infusion of blood and blood products.
- ❖ Preparing and assisting for Ryle's tube insertions, suture removal.
- ❖ Attending personal hygiene of the clients.
- ❖ Maintaining proper inventories.
- ❖ Assistance in the orientation of new staff nurse
- ❖ Participation in professional activities.
- ❖ Proper reporting to the seniors
- ❖ Entering client's details in computers or registers on admission and transfer and discharge.
- ❖ Assuring open and timely communication with the clients, their significant other and team members to ensure the occurrence effective therapeutic communication.
- ❖ Managing Pediatric Clients.

## Equipments and Procedure

- ❖ Exposed to and is familiar with equipments such as infusion pumps, pulse oxymeter, nebulizer, suction apparatus, glucometer, cardiac monitor, ECG, B Braun syringe pump, Defibrillator, DVT Pump, oxygen administration [through BIPAP mask, venturi mask, T piece, tracheostomy mask], laryngoscope, crash trolley including all emergency drugs and equipments etc.
- ❖ Assisted in procedures like, central line insertion, I.C.D insertion, Bone Marrow aspiration, CPR, intubation, tracheostomy, lumbar puncture, ascitic and pleural tapping, minor

dressing [post operative dressing], suture removal and familiar with procedures such as IV, IM, SC injection, and IVcannulation, Arterial line insertion transfusions ,inserton and removal of bard wing needle, withdrawing arterial blood, introduction of nasogastric tubes, flatus tubes, and Foley's catheterization.

## Co-Curricular Activities

- ❖ Case Presentation
- ❖ Procedure Demonstrations
- ❖ Clinical Presentations
- ❖ Ward teachings
- ❖ Health talk
- ❖ Mock drills
- ❖ Participated in Oral Polio immunization programme.

## Hobbies

- ❖ Reading, browsing, listening music, acting in dramas and cooking

## Computer Knowledge

- ❖ Ms-Office Package ( 2003 , 2007 , 2010 ) , Adrenalin, Oracle ( Hospital management )
- ❖ Surfing internet.

## Reference

1) Mrs MINI MOL VARGHESE.(Chief of Nursing )  
Fortis Health Care Hospital  
Mulund Gorgeon Link Road  
Mulund (w), Mumbai  
Off : 022-67994288

## Declaration

I hereby state that the above written statements are true of my best knowledge & belief.

Place: Navi Mumbai

Date:

(Sanimol Joseph)