

## **Shalu Barua**

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### **Objective**

To obtain an Esthetician position in a reputable spa or clinic where I can utilize my skills and experience to provide high-quality skin treatments and exceptional customer service.

### **Summary**

As an experienced esthetician with a passion for skincare, I bring a wide range of skills to the table. With 13 years in the industry, I have a deep understanding of facials, hair removal, and body treatments. My knowledge of skincare products allows me to make personalized recommendations for each client, ensuring they receive the best possible treatment. I am well-versed in using different types of equipment, such as microdermabrasion and LED light therapy machines, and am committed to maintaining a safe and hygienic environment for all clients. With strong communication and interpersonal skills, I build lasting relationships with clients, resulting in high levels of satisfaction and repeat business. Additionally, I am proficient in performing chemical peels and am responsible for preparing and cleaning treatment rooms. With a keen attention to detail and the ability to work efficiently in a fast-paced environment, I provide excellent customer service and am dedicated to meeting the needs of each and every client.

I am also trained and experienced in providing Ultra Femme treatments for **vaginal tightening**. Using state-of-the-art technology, this non-invasive treatment stimulates collagen production and tightens the vaginal tissue, resulting in improved sexual function and urinary incontinence. As a knowledgeable and skilled esthetician, I am committed to providing my clients with the highest quality of care and ensuring their comfort and satisfaction during this intimate treatment.

### **Professional Experience**

Intelligent Ageing & Sens Clinic, South Ex Part 2, India

February 2014 – Present

- Conducted various skin treatments including microdermabrasion, chemical peels, and hydra facials to improve the texture, tone, and overall appearance of the skin.

- Performed laser therapy using medical-grade lasers such as Candela, Tri Beam, and Broad Band Light for hair reduction, derma planning, skin tightening, and photo rejuvenation therapy.
- Assisted doctors during procedures such as derma fillers, Botox, threads, and coolsculpting body contouring.
- Demonstrated a strong knowledge of skin and skin analysis, effectively selling products and services, and securing referrals from satisfied clients.
- Provided personalized and attentive customer service, escorting clients to and from the reception area throughout their treatment.
- Scheduled appointments for clients to ensure their next visit.
- Utilized various technologies such as Intense Pulse Light, Broad Band Light, MNRF (Vivace), Q Switch Laser, RF Cautery, Exilis Elite Body Contouring, and chemical peels including Salicylic, Glycolic, Retinol, and Celebrity peel to address a variety of skin concerns including melasma, pigmentation, uneven skin tone, open pores, fine lines, and wrinkles.
- Prepared treatment rooms for clients and cleaned them after each treatment to maintain a clean and hygienic environment.
- Cross-sold additional products and services to clients based on their needs and preferences.

Dermatech Skin Clinic, Defence Colony, India

November 2010 – January 2014

- Perform various kinds of skin treatments including laser hair reduction and body shaping.
- Assist doctors for procedures such as Botox, fillers, and threads.
- Look after the reception from time to time.
- Suggest new services to clients according to their needs.

## **Skills & Treatments**

- Microdermabrasion- Facial and body treatments
- Derma Planning
- Hydra Facial
- Mini Hydra
- Intense Pulse Light (IPL)
- Broad Band Light (BBL)
- MNRF (Vivace)- Micro Needling Radio Frequency
- Radio Frequency Cautery (RFC)
- Q Switch laser- Carbon Laser Peel
- Peels (Salicylic, Mango Bright, Glycolic, Lactic, Black, Retinol, Celebrity, TCA)
- Facial ( Power Glow, Enzyme, Organic Facial, O2 Lift, Vampire Facial )
- BB Glow Treatment
- Laser Hair Reduction (Candela Gentle Max Pro) & IPL

- RF Cautery
- Exilis Elite Body Contouring, X – Wave, Lymphastim & Ultra Femme (Vagina Tightening)
- Knowledge of different skin types and how to recommend appropriate skincare regimens to clients.
- Ability to accurately assess skin conditions and make appropriate treatment recommendations.
- Familiarity with various cosmetic products and their ingredients, as well as the ability to recommend appropriate products for clients.
- Strong communication and interpersonal skills, with the ability to make clients feel comfortable and build rapport.
- Attention to detail, especially when performing intricate procedures like eyebrow shaping or lash extensions.
- Ability to work efficiently and effectively in a fast-paced environment while maintaining a high level of customer service.
- Responsible for preparing treatment rooms before the treatment for the client and cleaning treatment rooms after the treatment.
- Available according to their needs (Client) and able to do cross-sell and take referrals from satisfied clients.

## **Certifications**

- Advanced Diploma in Hairdressing, City & Guilds (London)
- Advanced Diploma in Beauty Therapy, City & Guilds (London)
- Post Graduate Diploma in Cosmetology VLCC Institute of Beauty & Nutrition (India)
- Advanced Diploma in Facial Esthetics, International Academy Of Aesthetics medicine

## **Education**

Master of Business Administration (**MBA**) in Finance from Delhi University, New Delhi (2013-2015)

## **Personal Details**

Husband Name:	Rajesh Bhadola
Date of Birth:	31st May 1978
Languages Known:	English, Hindi & Nepali

“As an esthetician, one of my proudest professional accomplishments was helping a client with severe acne improve their skin's condition. After conducting a thorough analysis of their skin and discussing their skincare routine, I recommended a personalized treatment plan that included regular facials, targeted products, and lifestyle changes. Over the course of several months, we worked together to address their concerns and track their progress. Seeing their confidence grow as their skin cleared up was incredibly rewarding, and it reinforced my belief in the transformative power of esthetics. This experience taught me the importance of individualized care and the positive impact that a dedicated esthetician can have on someone's life.”

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