AFFIRMATIONS 2018

I am prosperous wherever I go.

My income is constantly increasing.

I see abundance everywhere.

I am a money magnet.

I am grateful for all my wealth.

Money comes easily and effortlessly to me.

I love money, money loves me.

I am a generous giver and an excellent receiver.

I am open and receptive for all good.

I have an excellent relationship with money.

I get rich doing what I love.

I am an excellent money manager.

Money comes to me easily and effortlessly.

I deserve the best and I accept it now.

Only good lies before me.

I am blessed beyond my fondest dreams.

Every day in every way, my life is becoming better, better and better.

I create a life of Abundance and joy now with love now.

I am successful in all that I do.

I focus only on the Solutions.

Everything happens for my highest good.

I am an open channel of Abundance, success, joy and good health.

Divine wisdom guides me at all times.

All my relationships are filled with love, joy and bliss.

I am loving and lovable. All Life loves me.

Everything happens for my highest good. Only good lies before me.

I love and approve of myself and hence I am willing to change and grow for the better.

I release my past and set myself free.

I live in the present now.

I go beyond my own limitations.

I am in the process of becoming my Best Self.

I am at the right place, doing the right thing at the right time.

Today is a new day, one which brings miracles in my life.

I believe in the power of Affirmations, they bring miracles in my life. I affirm daily with conviction.

I love, approve and accept myself exactly as I am.

I am deeply fulfilled with all that I do.

I follow my higher instincts and listen to my heart.

I am at peace with my world and affairs.

I give myself permission to let go.

I have unlimited potential. I explore it every day.

I forgive myself and set myself free.

I am centered and focused. There is no right or wrong. I move beyond my judgement.

Universe loves me now and forever more.

I am Divinely guided and protected all the time.

Whatever I need to know is revealed to me in perfect time, space and sequence. All is well in my world.

I trust the intelligence within me. All answers come to me easily in a Divine right order. All is well in my world.

I am willing to change. I am willing to release old negative beliefs.

I am loving and lovable. All Life loves me.

HEALTH AND WELLNESS

I listen to my body's messages with love.

I release all diseases from my body and welcome health, love and happiness Now.

I love and accept my body exactly the way it is.

Every cell of my body is vibrantly healthy.

I give my body the nutrition it needs. I love my body.

My immune system is strong.

I release the need of excess weight in my body. I love my body.

I naturally make choices that are good for me and my body.

I know that my healing is already in process. I love my body.

As I learn to love my body, I can feel the love and joy from my own heart flow.

I exercise in the ways I truly enjoy. I love my body.

I give my body and mind enough rest it needs. I love myself.

I always feel good. As a result, my body feels good and I radiate good feelings.

I now choose thoughts that nourish my mind and body and support me in a loving and positive way.

I choose good health now.

I am in the process of becoming my Best friend. It is good for my mind, body and soul.

My body responds with health, abundance of energy and a wonderful feeling of well being. I take loving care of my body.

I avoid junk food. I only eat healthy, nutritious food that benefits my body and I drink lots of water that cleanses my body.

I believe in spiritual healing.

I am grateful to all my guides - Gurus who have and are helping me grow in different ways.

Good health is my birth right. I bless my body daily and take good care of it.

I treat my body as a temple. It is holy, clean and full of goodness.

I am grateful to each and every cell in my body for functioning perfectly so l am always in good health.

Healthy, Wealthy and wise is my motto. My body is healthy, I am Wealthy and my mind is Wise.

AFFIRMATIONS ON GRATITUDE

I am always in the attitude of gratitude. Thank you, Thank you, Thank you.

I am always grateful for this beautiful life.

I am grateful for all the wonderful things I have, and for those that are yet to come.

I am grateful for the most magnificent engineering Marvel-my body.

I am grateful for all the experiences that have made me the person I am today.

I am grateful for the invaluable support of my family and friends.

Thank you Wisdom for making choices that help me grow spiritually.

I am grateful for all healing energies that heal my body, mind and spirit.

I am grateful for the knowledge and wisdom available in the Universe.

Thank you mind for choosing positive thoughts and feelings that help in functioning of my healthy body.

Thank you Divine creator for guiding and protecting us at every step.

I am grateful for every breath I take, every step I move, every heart beat, every biological processes of my body. Thank you Thank you Thank you.

Being in the attitude of gratitude makes me feel good and attract more things to be grateful for.

I am grateful to love for it resolves everything.

Thank you all the basic elements - Earth, Water, Air, Fire and Ether to help existence on this planet.

I am grateful to my guardian angel who always provides me with everything that I need at any time.

I am grateful for the abundant life I lead.

Thank you technology, you have simplified life considerably. I love technology.

Thank you Music, you bring me closer to my true being. I love music.

I radiate love and gratitude and it returns to me multiplied.

AFFIRMATIONS TO BUILD AND BOOST CONFIDENCE

I approve of myself and love myself deeply and completely.

I am self-reliant, creative and persistent in whatever I do.

I am energetic and enthusiastic. Confidence is my second nature. I love my confidence.

I love change and I easily adjust myself to new situations. I am willing to change with ease and joy.

I appreciate everything I have. I live in joy.

I am courageous, positive and optimistic. I believe things always work out for the best.

I trust myself. I am successful.

It's easy to meet people. It's easy to make friends.

I create positive and supportive relationships.

I am a positive creator. I create the life I want.

I am flexible. I adapt to change quickly.

I see myself with kind eyes.

I recognise the many good qualities I have.

I am calm and peaceful. I am gentle to myself.

I have unlimited power at my disposal.

I am focused and persistent.

I am capable of achieving my goals.

I am always growing and developing.

I have integrity. I am totally reliable. I do what I say.

I fulfill my mission and purpose in life and live my heart's desires.

I enjoy being self disciplined.

It's ok to make mistakes. They are opportunities to learn.

This moment I take my power back. I choose to develop the positive habit of knowing that life is for me.

I am Divinely guided, protected and taken care of and this gives me tremendous confidence.

I am adequate for all situations. I am one with the Power and wisdom of the Universe. It is easy for me to stand up for myself.

AFFIRMATIONS ON JOB, CAREER, PROFESSION

I deserve my ideal job.

I work at a place I truly enjoy being.

I am a great employer. Any employee is lucky to have me.

Career change is an opportunity to have the career I want. This time I choose a great career for me.

Today and every day, I use my talents in satisfying ways.

I climb my career ladder with integrity and confidence.

As I align my career with my true talents, money and happiness flows to me automatically.

I always see possibilities in my career.

In my career and in my life, change is constant. I accept the change and make the most of it.

I easily and effortlessly learn new systems and processes.

I accept constructive feedback and put it to work for my benefit.

I am a world class life coach, teacher, healer, manager, entrepreneur and I prove it every day.

I direct my creative talents towards that which gives me pleasure.

I am open and receptive to new avenues of income with a wonderful new position, using my creative talents and abilities.

I now receive abundance and prosperity from the expected and the unexpected sources.

I am an unlimited being, accepting from an unlimited source, in an unlimited way.

I am working for and with people I love, in a wonderful location and earning a good income.

I am very well organised at all places - in my mind, my home, my office.

I am on time every time where ever I go.

I always maintain a perfect balance in my professional life and family life.

I love what I do and do what I love.

AFFIRMATIONS FOR TIME MANAGEMENT

I am organised and in control of my life. I am in control of myself, my thoughts, my time, my actions and my future.

I am in control of my feelings, my emotions, my attitudes and my needs. I control them; I have power over them.

I like being organised, efficient and on top of things. Controlling my time keeps me that way.

Each day I become more organised and in control of all areas of my life - at home, at work, in my mind and in my thoughts.

I am very well organised.

I have an organised and orderly mind. Because I think in an organised way, I conduct my life in an organised manner.

I am always on time, every time. Being on time is easy for me and the more I control my time and the more organised I become, the easier it is.

I know what to do and when to do it and I do everything I need to do.

I program my mind to make the maximum use of my time.

I choose to live my life by choice, not chance. Therefore, I take time to take control.

I think in the most positive and productive way at all times and in all things.

I am the director of my destiny. I know where I am going and I know why I am going there.

Each night I make a list of things I need to do the next day.

I set my priorities and I follow them.

I am always at the right place, at the right time, doing the right thing.

My earthly life is in my hands and in my control.

I control my goals and the achievement of my goals.

I organise my goals by writing each of them down, along with the steps I need to reach them.

I manage my time well so that I have time to pursue my hobbies.

There is ample time and opportunity for creative expression in whatever area I choose.

There is plenty of time for everything I need and want to do.

AFFIRMATIONS ON MONEY

I love money because it gives me choice and the choice gives me power.

I am a money magnet and I attract abundance of money.

I am deeply grateful for all the money I have and earn.

I love money and money loves me.

The more money I give away, the more it comes back to me.

More money makes me realise how blessed I am. It is a humbling experience.

I always bless the money I receive and give.

I deserve abundance of money and I accept it now.

I spend and save money wisely so I know my life is financially secured.

I release all resistance to money and I now allow it to flow joyously into my life.

I forgive myself for all the negative beliefs about money I have.

The more I love money the more I attract it. I respect and value all the money I have.

I trust my Divine to fulfil all my needs and desires at the perfect time.

Financial security for my family is of prime importance. I attract more money to make them secure.

Money gives me more power to follow my dreams.

I always attract jobs or business that give me more money and satisfaction because I deserve the best and I attract the best now.

Money gives me the opportunity to be kind and generous to people. Thank you Money to enrich my soul.

I am totally open and receptive to a wonderful new position, using my creative talents and abilities, working for and with people I love, in a wonderful location and earning good money.

My income is constantly increasing and my expenses remain proportionately same or less.

I am an excellent money manager.

I give and receive money with love, joy and gratitude.

I am open and receptive to all good in my life.

I release all resistance and allow all the good to flow in my life.

Abundance comes to me from expected and unexpected sources and I receive it with gratitude.

I am a generous Giver and an excellent Receiver.

Since the Divine within me is the infinite source of money flow, my income is unlimited... infinite.

I move into winning circle. Prosperity of every kind is drawn to me with ease.

I am blessed with everything I need to live an awesome life.

I am a money magnet.

MONEY flows to me easily and effortlessly.

I delight in financial security that is constant in my life.

AFFIRMATIONS FOR PROSPERITY AND ABUNDANCE

I know life is abundant and I accept this abundance now.

I am a Prosperity magnet, I attract prosperity of every kind with ease and joy.

I deserve an abundant and prosperous life.

I am always in the attitude of gratitude. Life brings more good to me this way. Life is Beautiful indeed. I am abundantly blessed with good health and wealth.

Abundance is a state of mind and I feel abundant.

I am abundantly blessed with a great family, good friends and my dream career.

I lead a blessed, happy and a prosperous life.

Charity attracts abundance. The more I share with the world, the more I have.

There is abundance of food, clothing, shelter and love for every one on this planet.

As I impart love, there is love all around me.

My country is progressing faster to abundant proportions.

My life is expanding abundantly with prosperity.

I am DIVINE creative spirit in flow. Through my creation all abundance flows. I am prosperity

My heart is a magnet that attracts more of everything I desire.

I am open and receptive to all abundance of life - good health, well- being, loving relationships, prosperity.

AFFIRMATIONS FOR LIFE

I go with the flow. My life is easy and filled with joy.

Life is always good to me.

Every day is a new day in my life - full of hopes, happiness and wellness. I love my life.

My life is simple and easy.

All that I need to know is revealed to me at the perfect time. All is well in my world.

Everything happens for my Highest good and greatest joy.

I direct my creative talents towards that which gives me pleasure.

I am always guided by Divine Intelligence.

I now receive my good from expected and unexpected sources.

I am an unlimited being, accepting from an unlimited source, in an unlimited way.

I am blessed beyond my fondest dreams.

Every day in every way my life is becoming better, better and better.

Life is wonderful. I love my life and my life loves me.

I am open to the totality of possibilities. Life is good.

I give to life exactly what I want life to give me.

My life works beautifully. Everything in my life works now and forever more.

I know I can create miracles in my life and I choose to do so now.

Life supplies all my needs in abundance. I trust in life.

I am Divinely guided and supported at all times.

Life is always for me.

As I say YES to Life, Life says YES to me.

I am greeted by love wherever I go.

As I keep my thoughts positive, life brings to me only good experiences.

I am safe in the universe. All of life loves and supports me.

I breathe in richness and fullness of life.

My life is full of love, joy and abundance.

I am the Creator of my life. I create a life of my choice Now.

My life is a Divine gift of the Universe. I treasure it with love and care.

I am a part of the Divine scheme of the Universe. I lovingly and joyfully fulfil my role in this divine plan of life. Thank you life.

I choose a peaceful and happy life therefore I easily let go of past hurts and forgive everyone including myself.

Everything I need to know is revealed to me at a perfect time, space and sequence. All is well in my world.

I learn and grow from every experience.

All my relationships are harmonious.

I release the past and live a blissful, joyous life Now.

This is a New day, I am a New Me. I think only loving and happy thoughts.

I am willing to change and accept myself completely the way I am. I am Aware of my feelings at all times.

My Happiness is my Responsibility. I release all blame and guilt and set everyone free.

Everything in my world including myself is perfect, whole and complete.

I rejoice in every moment of life.

I am open to every blissful blessing the Universe has in store for me. Thank you Universe.

I relax and let go with ease.

My life gets better all the time and I am always grateful.

I am safe in the universe. All of life loves and supports me.

I breathe in the richness and fullness of life. I observe with joy as life abundantly supports me and supplies me with more good than I can imagine.

Life is meant to love and be loved. Together, we feel this every single day.

I choose love, I choose life, I choose joy and I choose freedom.

AFFIRMATIONS FOR RELATIONSHIPS

I respect and honour all my relationships.

I understand I am the best I can be in every relationship. The same is true for the other person too.

I may not know how to forgive, but I am willing to forgive.

I listen attentively when someone talks to me. I am a very good listener.

I understand now that my parents were the best they could be.

I have many good and genuine friendships.

I am surrounded with understanding, loving and caring colleagues.

All my relationships are filled with love joy and respect.

My family members love and understand me completely as I love and understand them.

I love and appreciate my family and friends.

My interactions with people are positive and joyful.

People love to be around me because I am fun to be with.

I understand and encourage friends to do their best and they do the same to me.

My relationships at work are honest, giving and cheerful.

I love, understand and respect my in laws for who they are and so they do the same to me.

My relationships teach me patience, forgiveness and unconditional Love.

The more I interact with people, the more accomodating I become.

People easily understand me as I am honest in all my relationships.

I have fulfilling relationships.

I am at peace with my family. My family adores me.

I share a loving, caring and understanding relationship with (my) children.

I am always treated well.

As I reach out to others, they reach out to me.

Divine peace and harmony surround me and dwell in me. I feel tolerance, compassion and love for all people, myself included.

AFFIRMATIONS FOR INTIMATE RELATIONSHIPS

I accept myself for who I am, I accept my partner for who he is.

With each new day, I understand, love and respect my partner more.

My partner and I choose our differences to be opportunities for us to let go of our ego and give love another chance.

There is abundant space in our relationship for each of us to be exactly who we are.

We work together in harmony to transform our limitations into strengths.

There is no blame. I release the need to blame anyone, including myself.

As our relationship grows stronger, our love spreads in our families.

I am in a perfect relationship because I deserve to be in one.

Love, respect, peace and compatibility rule my relationship with my partner.

As I love my partner more each day, it comes back to me manifold.

I have a perfect loving partner in my life. We love and support each other and assist in each other's growth for all the good of all concerned.

My partner and I respect what's divinely ordained for us.

I release any desperation and allow true love to find me.

When I think of my partner, I feel a breath of fresh, fragrant air fill my heart with love.

My partner understands my silences too. He understands what my soul yearns for as we are ONE.

As my relationship with my partner evolves every day, I am filled with deep gratitude.

I have all the support I need from my partner.

I speak lovingly with my partner and this love comes back to me manifold. I am cherished and fulfilled.

My unconditional love for my partner has taught me complete acceptance, patience, perseverance and faith in the fact that we are meant to be together.

My partner and I share a loving, sharing, compatible and harmonious relationship.

My partner and I fulfill our spiritual growth. We are each other's strength.

We are in perfect harmony and allow love and romance to nurture our hearts once again.

My partner and I encourage each other to fulfill our dreams and ambitions.

My partner is a reflection of me. I work on being a better person and see this change reflected in my partner as well.

AFFIRMATIONS FOR ENVIRONMENT AND SOCIETY

THE INCIDITION OF THE PROPERTY AND SOCIETY
Thank you Mother Earth for giving us shelter to stay.
I take good care of the environment because the future generations deserve a green planet.
I love NATURE.
I take responsibility of my surroundings and environment with love.
I use eco friendly products.
I express gratitude for everything my mother earth offers.
I am a responsible global citizen who believes in preservation.
I take responsibility to keep our environment green and clean.
I use plastic minimally.
I am ready to do all that it takes to preserve the Nature.
I participate in preservation drives.
Mother Earth is in safe hands.
I respect environmentalists.
I love Mother Earth.
I am very grateful to the ecosystem for giving us food to eat.
Nature loves us.
I love the divine balance of ecosystem.

AFFIRMATIONS FOR ANGER MANAGEMENT

I am always in control of my emotions.
I choose how I want to respond to any situation, and my choice is always peaceful.
The power to choose how to respond to a situation lies within me.
I am calm and composed in all the circumstances.
I choose peace over anger.
Anger is just an emotion, I accept it as one of my many parts.
I forgive myself for all the times I have felt anger in the past.
My angry past is behind me. From now on I choose to maintain a calm mind when provoked.
I am emotionally well balanced.
I am a peaceful, loving soul.
I am a divine expression of love and joy.
I am in control of my emotions.
I meditate to calm my mind.
I use creative and constructive ways to express my anger.
I cleanse past anger issues with love.
I use my thoughts positively in all areas of my life to create positive experiences.
I am loving and patient with myself when I feel angry. It helps me calm down sooner.

AFFIRMATIONS FOR GRATITUDE

I am grateful for all the wonderful things I have and for those that are yet to come.

I am grateful for the most magnificent engineering Marvel-my body.

Thank you Knowledge for empowering the human race to progress at such a rapid rate.

I am grateful for lovely gifts of Nature.

Thank you Mind for choosing positive thoughts that help in functioning of my healthy body.

Thank you Music for bringing me closer to the Creator.

Thank you Wisdom for making the right choices so that I grow spiritually.

Thank you family and friends for the invaluable love and support.

I am grateful for the life experiences to make me a person that I am today.

Thank you Divine creator for guiding and protecting us at every step.

Thank you God for this beautiful life.

I am grateful for all the loving and kind people in my life.

I am grateful for all the tough people and situations in my life for teaching me lessons of unconditional love and patience.

I am grateful for the infinite faith and trust I have in the Universe and the process of life.

I am grateful for love for it resolves almost everything and makes life so beautiful.

I express my deepest gratitude to my Divine each moment.

I am grateful for the love and close bond I share with my family.

Gratitude is my way of life.

Gratitude radiates from me and returns to me multiplied.

I am grateful for my life.

I am grateful for my family.

I am grateful for the love I receive.

I am grateful for :-

- > The divine presence always with me
- > My loving and cheerful nature
- > Special bond I share with my friends and family
- > My fulfilling job and career
- > Infinite trust I have in the Universe

I am grateful to receive Divine messages and follow them.

I am grateful for all the love in my heart for the Humanity.

Being in an attitude of gratitude brings me joy and peace.

I focus my attention to things I appreciate, I appreciate more than I complain in a whole day.

As I appreciate little things of my life, I get opportunities to appreciate more and more and this helps me tune in to the mode of gratitude and appreciation throughout the day.

I love my life and life loves me back

I love and approve of myself

I live in the Present moment by moment.

My life is becoming better and better day by day.

I am in the process of becoming my better version day by day.

Life unfolds in a divine magical way for me daily.

Everything happens for my highest good and greatest joy.

AFFIRMATIONS FOR RELATIONSHIPS

All my relationships are loving and harmonious.

I have loving and supportive friends.

I respect others and others respect me.

I have wonderful relationship with my parents and children.

I am my own best friend. I love my own company.

I have an excellent relationship with my inner being.

I have cordial relationships with my boss, subordinates, colleagues, maids, drivers.

I experience joy and bliss in my intimate relationships.

I share loving, caring and joyous bond with my brothers and sisters.

I have loving and respectful relationship with my in laws.

It is safe for me to be open with my loved ones.

I am a very good listener.

I am generous giver and an excellent receiver.

I have excellent communication skills.

I am caring with children, friendly with teens, empathetic with senior citizens. I get along with all age group with love, ease and joy.

I am in a loving intimate relation with my inner divine self.

I am a friendly person.

I am full of positive loving energy.

I always bring positivity to my relations.

I always love and appreciate my partner.

I am overflowing with gratitude for my happy relationships.

Every day in every way I am becoming happier and happier in my relationships.

AFFIRMATIONS FOR HAPPY THOUGHTS

I choose to be happy.

Happiness exists where I choose to look for it.

I always choose to be in a beautiful state.

I am happy and fulfilled with my OWNSELF.

I am naturally in a joyful state.

Happiness expands within me. It lightens my life and touches everyone I meet.

AFFIRMATIONS FOR CONFIDENCE

I am Naturally Confident.

I always express my thoughts and opinions with confidence.

I boldly go after what I want in life.

Every day I am becoming more confident and powerful.

I enjoy being confident and open in social situations.

I always believe in myself and my ability to succeed.

I am confident that I can achieve anything I focus on to achieve sincerely.

I have unshakeable faith in my Divine and myself.

I trust myself.

I make the perfect choice every time.

I release all negativity and hold joy in my heart.

As I think Happy thoughts, happy things come into my life.

Happiness expands in my consciousness day by day.

Joy floods my thoughts and my life.

I accept all good that is flowing in my life with joy.

I am blessed beyond my fondest dreams.

AFFIRMATIONS FOR OVERALL
WELLBEING AND RAISING
CONSCIOUSNESS

Everything happens for my highest good and greatest joy

I am divinely connected to my Higher self

I am divinely guided and protected at all times

I believe in the best and I accept the best NOW

I am the pure positive Consciousness

I live in the beautiful states of love, joy, peace, gratitude and bliss

I am open and willing to learn every day

I listen to and follow my Higher guidance

I am peace

I am love

I am joy

I am blessed beyond my fondest dream

I am now creating a life of my dreams

I am naturally happy and healthy

I forgive everyone, myself included, and set myself free

I celebrate life each moment

I am beautiful and all life loves me

All is well in my world

I love life and life really loves me a lot

I am showered with positive thoughts throughout the day

I live in the present moment

I release resistance to change. I am willing to change

I love myself more and more each day

I accept all my emotions with love

I am enough. I can do, be or have anything I choose to.

I focus on satisfaction and joy in all that I do, be or have

I move beyond my own limitations

I am happy and satisfied

I allow and receive all that I desire with love and joy

I am a beautiful and magnificent creation of God

I am grateful to life

I am open and receptive to all good life has to offer

I consciously use auspicious, powerful words throughout the day

I am a genuine listener

I am aware of my thoughts, words and feelings

I love and approve of myself

I love clarity of thoughts. I am a clear minded person

I release all resistance in my growth

I relax and let go with ease

I allow all good things to flow into my life with love and joy

I am one with the POWER that created me

I am divine and magnificent expression of the Lord

Divinity flows through all my thoughts, words and actions

I am a divine child living in THE PRESENCE

I am learning to love myself as the source (divine) loves me - unconditionally

I surrender to the Present moment with ease and joy

Divine takes care of all my needs, I am at peace

I am a generous giver and an excellent receiver

I live in abundance of love, joy and prosperity

I release the old to make place for the new with ease

I am the energy I want to attract

I am open to totality of possibilities in any given situation

I see miracles everywhere	I give and receive gifts of festivals with lots of	
1 see miracles everywhere	love and joy	Life is always for me
I am Awakening to new consciousness	Every day is a new basing in a of my life. I am in	Diving dection of mine unfolds in a year.
Loving myself unconditionally brings a great shift in my life	Every day is a new beginning of my life. I am in love with my beautiful life	Divine destiny of mine unfolds in a very beautiful way daily
I trust my Divine to take care of all my needs	Festivals are the reminders of the gift of relationships we share with each other. I am grateful for all the beautiful relationships in my	Everything I need, comes to me in a perfect space, time and sequence
I am always aligned with my inner being	life	I easily balance all areas of my life
My heart and mind work in synchronicity	I am grateful for all the abundance life showers on me	I release all that is not in sync with my true nature of love
All is well in my world. I am calm, happy and		
content	I enjoy the gift of life every moment	I give myself permission to rest whenever my body asks for it
I radiate love, joy and Peace	I forgive all past experiences, I choose to live in the joyous NOW	I smile a lot
I am ok with all my emotions		
I am a grateful being	I am Awakening to the new level of consciousness	I flow with life with ease and joy
I am the divine, magnificent expression of Life	Being grateful makes me and my surroundings feel good	I carefully choose only auspicious words and thoughts today
I am attracting unconditional love, Abundance, higher vibrational experiences and sacred connections	Life is good in all its ups and downs	I consciously look for things of appreciation around me today
I inhale love and exhale gratitude	I am my own best friend. I truly, genuinely love myself	I am welcomed with joy wherever I go
I fillate tove and extrate grantude	mysen	I release the feelings of negativity and guilt
I release all unwanted emotions with ease and comfort	I am loving the benefits of using Affirmations. I can use Affirmations to create magic in my life	I let the Divine Grace lead the way
I allow all that feels good to me in my life with lots of love and joy	I relax and listen to my inner voice with love	I love being me
I am prosperous	I am learning and growing in my inner and outer world	I am loving and kind to everyone including myself
I celebrate festivals of life with lots of love, joy and enthusiasm	My inner being always loves and guides me to the Divine wisdom	I release the need of drama in my life
	Everything I seek is seeking me	It is safe to ask for help whenever needed

I give what I want to receive	I am worthy of my own love
I listen to the wisdom of my heart	I am open and receptive to all love
I am creative and express my creativity in number of ways	As I say YES to life, Life says YES to me
·	I am loving and lovable. All life loves me
I trust that life wants the best for me	Divinity flows through me in all aspects of my
I trust the guidance of the Universe	life
I commit to being more aware and present in my life	I expect the best and get it
I follow my joy	Everything is working out for my highest good and greatest joy
I welcome miracles into my life	I give my best in any given moment of time

I release the old stuck patterns of thinking

I learn the lessons of life with an open heart and mind

I am willing to let go of the old thoughts, things, people and situations that no longer serve my higher purpose

I release the past with ease. I am safe and free

It is safe to follow my heart, my instincts, my intuitions

As I let go of the old past, I create the space for the New

AFFIRMATIONS	FOR	THE	<i>NEW</i>	YEAR
2019				

I begin this year with new hopes, new aspirations, new inspirations. This year is one of the best years of my life. I am grateful for the lovely start of this new year

I am grateful for all the Divine ideas and inspirations flowing through me

I welcome change with love and joy

I am ready to accept financial abundance and infinite opportunities

Universe loves and supports me in all my decisions

I release all the blockages to my good

I am ready to move forward in my life

I naturally align to things, people and situations meant for me

I am becoming aware of my soul purpose

I follow my instincts to uncover my soul purpose

I am in love with life

I radiate with vibrant health and unconditional love for myself

I believe in miracles and see them often

I am in harmony with everything in life

Divine takes care of all my needs and worries. I am at peace

Gratitude is my way of life

I choose to use only auspicious and positive words in my daily conversation

I experience the Divine blessings in each area of my life

I am always in the beautiful states

I am ready to learn new things in life

I am truly blessed beyond my fondest dreams

I feel the connection with all the life

Life is beautiful in all its forms

All I need is divinely taken care of. I am at peace and ease at all times

I am calm and at peace while waiting for something, knowing for sure that everything happens for the highest good

I follow my inner voice, my instinct, my higher self before taking any decision and I am sure they are always for my highest good

I radiate goodness and allow only goodness to come to me

I constantly radiate love and I allow only love to come to me

I constantly radiate Harmony and Peace and I allow only Harmony and Peace to come to me

I radiate divine light and I allow only Divinity to come to me

I am One with the Power that created me

I live in harmony with all that is

I see all events of my life positively

I am ready to move forward in my life with Divine assistance

I appreciate the good in every one

The good I see in others comes back to me

It is safe to see my inner truth

I totally love what I see within

As I discover my inner truth, it's easy to love myself

AFFIRMATIONS MARCH 2019 Love is the essence of my life I discover love in all my relationships I release all judgements and see everything with the eyes of love I invest in my growth I am willing to change and learn new ways to live life I am Awakening to new level of consciousness I love and accept my masculine and feminine energies I am in love with taking care of myself	I experience my suffering and move into joy with ease I am the purity of God's desires. I am the being of light I am an expression of love and joy I respect my needs and of my loved ones I am an open channel to receive Abundance of grace I release my inner blocks to allow my good to flow in my life I release all that I no longer need with ease I allow all the good to flow into my life with ease I celebrate and enjoy life in every form	I release the old to create space for new which is more loving and joyous I drink lots of water I am being and doing the best as I can I am one with the power that created me The more I realize the hands of grace in my life, the more grace flows in my life I carefully choose my thoughts, words and actions for I know everything comes back to me multiplied I give and receive with love and joy I focus on my goals and achieve them for sure
I am a being of light spreading love to everyone I focus on feeling better every time I am consciously attracting good in my life by choosing good feeling thoughts, words and actions I see the divine plan in all circumstances working for my highest good My good comes from everywhere I release resistance and allow all good to flow into my life with ease I am friends with my negative emotions and know they are there to take me to the next level of evolution	As I embrace all my emotions, I grow spiritually I deserve all good things that come to me I deserve to be happy I deserve abundance I deserve love I deserve good and vibrant health I deserve to be prosperous I deserve to be appreciated I deserve to be respected I deserve to enjoy life to its fullest	I deserve a peaceful space to live I deserve to be richly rewarded for my skills and knowledge I deserve to be successful I deserve to be surrounded by people who love me I deserve to experience beauty It is safe for me to love I live in a beautiful, prosperous and a great country I am loving and lovable, all life loves me

AFFIRMATIONS MAY 2019	I trust my inner knowing	I release the burden of the past and set myself free
People love me when I am MYself	I trust and know that everything happens for my highest good	I am grateful for time I get to spend with my friends and family
I am worthy of love I deserve love	Happiness is my true state of being	I feel the beautiful divine connection from within
It's ok for me to ask for what I want	I am in a love affair with my life	I am exploring new ways of life
Love makes me feel free	All I need comes to me in perfect time	I am a creative and a decisive person
I am totally open and receptive to the abundant flow of prosperity	I release the fear and guilt and move on in life I am ready to move forward in my life	I listen to and trust my heart I allow myself to feel from my heart
I am worthy of all love and prosperity	All support I need is always available in all forms	I pay attention to signs sent by the Universe
I spend my money with joy and gratitude	All I need is easily attracted to me	I give my best in everything I do
AFFIRMATIONS JUNE 2019	I come from the beautiful states of love and trust	I deserve to enjoy life

AFFIRMATIONS JUNE 2019	I come from the beautiful states of love and trust	I deserve to enjoy life
I learn new things with ease	I am safe in the centre of my being	I ask for what I want and I accept it with joy and pleasure
I release the old and welcome new with ease and joy	I lovingly release others to their own lessons	1
I bring about positive changes in my life with love	I lovingly care for myself	I let life flow through me. I am willing to live
I express my heartfelt gratitude to everyone	I move with ease through life	I am loved and accepted for the person I am
I form a belief system which is beneficial for me	I love who I am	I am centered, calm and balanced
I am in perfect alignment with my Higher self	I am grounded in my own power	I release all resistance to my success and prosperity
	, ,	I love my confidence and trust in myself
I am in the process of my internal growth	I am secure at all levels of life	I go with the flow of nature

I grow beyond all my limitations

I manifest what I love

AFFIRMATIONS JULY 2019 I focus on my goal and achieve it for sure	I release all emotions and create space for manifestation of my dream life	I live each day with abundance of love, joy and prosperity
Life is always for me. I am always loved and supported	I accept all my emotions and release those which I no longer need	Today, I behold all the abundance that surrounds me
I am a generous giver and an excellent receiver	Universe supports me in magical ways to fulfill my dreams	I create my personal abundance from an infinite source
I am developing the attitude of gratitude as a way of my life	I trust the Universe to always bring me the Highest good for me in all situations	Today, I focus on what I want to attract in my life From this moment onward, I invite unlimited
Being grateful for all that I have brings me more good	I express my heartfelt gratitude to all my Gurus for	Abundance into my life
The Universe is friendly to me	helping me transform my life	Today, I embrace my potential to be, do and have whatever I can dream
Life is beautiful	I am on the new path of life - loving, trusting and accepting myself completely	Everything I desire is within me
No matter where I go, there is infinite love, infinite wisdom, infinite abundance	I send vibrations of Peace, Love and Happiness to all	I use my conscious intentions to manifest my dreams
I am an infinite source of love, joy, peace, bliss and wisdom	I am in the process of being my best version	Through the law of pure potentiality, I can bring anything, anytime, anywhere
AFFIRMATIONS AUGUST 2019 Today and EVERYDAY, I give that which I want to	I celebrate my unity with all life, knowing that we are	I am complete Harmony
AFFIRMATIONS AUGUST 2019 Today and EVERYDAY, I give that which I want to receive	I celebrate my unity with all life, knowing that we are all one Today, I remember to love everything and everyone I	I am complete Harmony I am inner peace I am beautiful being
Today and EVERYDAY, I give that which I want to receive Today I make great choices because they are made with full awareness	all one	I am inner peace
Today and EVERYDAY, I give that which I want to receive Today I make great choices because they are made with full awareness I expect and accept abundance to flow easily to me As I let go of the need to arrange my life, the Universe	all one Today, I remember to love everything and everyone I come in contact with	I am inner peace I am beautiful being I am love, joy and happiness and surrounded by love, joy and happiness Things always work out for me
Today and EVERYDAY, I give that which I want to receive Today I make great choices because they are made with full awareness I expect and accept abundance to flow easily to me	all one Today, I remember to love everything and everyone I come in contact with Today, I treat myself to moments of luxury Today, I release all that binds me internally and choose freedom I am unlimited abundance	I am inner peace I am beautiful being I am love, joy and happiness and surrounded by love, joy and happiness
Today and EVERYDAY, I give that which I want to receive Today I make great choices because they are made with full awareness I expect and accept abundance to flow easily to me As I let go of the need to arrange my life, the Universe brings abundance good to me	all one Today, I remember to love everything and everyone I come in contact with Today, I treat myself to moments of luxury Today, I release all that binds me internally and choose freedom	I am inner peace I am beautiful being I am love, joy and happiness and surrounded by love, joy and happiness Things always work out for me Divine creative ideas flow through me I am in constant alignment with my desires I am divinely guided at every step of the way
Today and EVERYDAY, I give that which I want to receive Today I make great choices because they are made with full awareness I expect and accept abundance to flow easily to me As I let go of the need to arrange my life, the Universe brings abundance good to me There is a way I can fulfill my true purpose in life As I live in the Present moment awareness, I live the	all one Today, I remember to love everything and everyone I come in contact with Today, I treat myself to moments of luxury Today, I release all that binds me internally and choose freedom I am unlimited abundance I am blissful happiness	I am inner peace I am beautiful being I am love, joy and happiness and surrounded by love, joy and happiness Things always work out for me Divine creative ideas flow through me I am in constant alignment with my desires

AFFIRMATIONS SEPTEMBER 2019	I prefer to enjoy and be good enough in all my roles of life	I love to go out in nature and feel connected
I talk to myself like someone I truly love	Everything happens for my highest good and greatest joy	I let go of all expectations of others from me today
I can say No easily to things, people and circumstances when I want to	All is well in my world	I let go of all self criticism and move to self love
I forgive myself easily	I am strong enough to express my feelings and ask for help when needed	Today I ask my trusted friends what they like about me and
I am aware of my feelings and lovingly accept them all	I give myself permission to take a break and relax	make a list which surprises me with qualities I have or a person I am
I love myself even when I am not feeling OK, I know it's Ok not to be Ok sometimes	I appreciate all that I do beautifully well	I learn from my mistakes and evolve as a more loving, joyous and grateful person
I have time to relax, rejoice, rejuvenate and have fun	I keep positive messages - my affirmations, in all places where I can easily see and repeat	I am Enough just the way I am right now
I release the need of all should, must and have to from my life	I focus on feeling good about myself throughout the day	Today, I take time out to just focus on my breath and relax
I give myself permission to say NO to requests those I don't	I learn from my mistakes and move on with life easily	I lovingly take care of myself knowing that self care is not selfish it's more spiritual
feel connected to	I create my album of happy moments and see it more often with joy	·
AFFIRMATIONS OCTOBER 2019	I am grateful for all the help and support I receive	I release old, past thoughts and things which do not bring me my highest good and greatest joy
AFFIRMATIONS OCTOBER 2019 I remind myself often that I am loved and truly worthy of love	I am so grateful to be alive, to be hopeful, to feel good, to	me my highest good and greatest joy Loving myself, listening to my inner voice, my true joy is
I remind myself often that I am loved and truly worthy of	I am so grateful to be alive, to be hopeful, to feel good, to create this beautiful life	me my highest good and greatest joy Loving myself, listening to my inner voice, my true joy is the most important thing of my life
I remind myself often that I am loved and truly worthy of love	I am so grateful to be alive, to be hopeful, to feel good, to create this beautiful life I focus on objects of appreciation today	me my highest good and greatest joy Loving myself, listening to my inner voice, my true joy is the most important thing of my life I focus on feeling good through the day
I remind myself often that I am loved and truly worthy of love I take time out to do something I really enjoy	I am so grateful to be alive, to be hopeful, to feel good, to create this beautiful life I focus on objects of appreciation today I appreciate everything I focus my attention on	me my highest good and greatest joy Loving myself, listening to my inner voice, my true joy is the most important thing of my life
I remind myself often that I am loved and truly worthy of love I take time out to do something I really enjoy I treat myself as if I am someone who is deeply loved	I am so grateful to be alive, to be hopeful, to feel good, to create this beautiful life I focus on objects of appreciation today	me my highest good and greatest joy Loving myself, listening to my inner voice, my true joy is the most important thing of my life I focus on feeling good through the day I release resistance and Allow Abundance to flow into my
I remind myself often that I am loved and truly worthy of love I take time out to do something I really enjoy I treat myself as if I am someone who is deeply loved I am worthy of being healed I love to learn new things and grow I am grateful for my beautiful, magnificent, divine gift	I am so grateful to be alive, to be hopeful, to feel good, to create this beautiful life I focus on objects of appreciation today I appreciate everything I focus my attention on I TRUST the process of life knowing that All is well in my world I am grateful to all the experiences of life for helping me	me my highest good and greatest joy Loving myself, listening to my inner voice, my true joy is the most important thing of my life I focus on feeling good through the day I release resistance and Allow Abundance to flow into my life
I remind myself often that I am loved and truly worthy of love I take time out to do something I really enjoy I treat myself as if I am someone who is deeply loved I am worthy of being healed I love to learn new things and grow I am grateful for my beautiful, magnificent, divine gift called body I am grateful to all the festivals for the fun and joy they	I am so grateful to be alive, to be hopeful, to feel good, to create this beautiful life I focus on objects of appreciation today I appreciate everything I focus my attention on I TRUST the process of life knowing that All is well in my world I am grateful to all the experiences of life for helping me evolve as a person I am now I am grateful to all healers, therapists, teachers and masters	me my highest good and greatest joy Loving myself, listening to my inner voice, my true joy is the most important thing of my life I focus on feeling good through the day I release resistance and Allow Abundance to flow into my life I am quick in appreciation and slow to criticize
I remind myself often that I am loved and truly worthy of love I take time out to do something I really enjoy I treat myself as if I am someone who is deeply loved I am worthy of being healed I love to learn new things and grow I am grateful for my beautiful, magnificent, divine gift called body	I am so grateful to be alive, to be hopeful, to feel good, to create this beautiful life I focus on objects of appreciation today I appreciate everything I focus my attention on I TRUST the process of life knowing that All is well in my world I am grateful to all the experiences of life for helping me evolve as a person I am now	me my highest good and greatest joy Loving myself, listening to my inner voice, my true joy is the most important thing of my life I focus on feeling good through the day I release resistance and Allow Abundance to flow into my life I am quick in appreciation and slow to criticize I look forward to a new beginning of life with love and joy I love all my relationships and I nurture them with love,
I remind myself often that I am loved and truly worthy of love I take time out to do something I really enjoy I treat myself as if I am someone who is deeply loved I am worthy of being healed I love to learn new things and grow I am grateful for my beautiful, magnificent, divine gift called body I am grateful to all the festivals for the fun and joy they bring	I am so grateful to be alive, to be hopeful, to feel good, to create this beautiful life I focus on objects of appreciation today I appreciate everything I focus my attention on I TRUST the process of life knowing that All is well in my world I am grateful to all the experiences of life for helping me evolve as a person I am now I am grateful to all healers, therapists, teachers and masters who help me heal internally	me my highest good and greatest joy Loving myself, listening to my inner voice, my true joy is the most important thing of my life I focus on feeling good through the day I release resistance and Allow Abundance to flow into my life I am quick in appreciation and slow to criticize I look forward to a new beginning of life with love and joy I love all my relationships and I nurture them with love, care, respect and trust

AFFIRMATIONS NOVEMBER 2019	Yes, I can be myself Now, it's ok to be myself Now	Yes, I am more aware of my thoughts and feelings Now
Yes, I am becoming happier day by day Now.	Yes, I am willing to see all the truth about myself and accept myself completely Now	Yes, I am loved and worthy of love Now
Yes, I follow my passion Now	Yes, I am in constant alignment with life	Yes, My will and God's will are one Now
Yes, I find a deep connect with Nature Now	Yes, I am in the attitude of Gratitude Now	Yes, I am open and receptive to all good, Now
Yes, I am changing and willing to change and grow Now	Yes, I choose to feel good Now	Yes, I am peaceful Now
Yes, I choose to be Happy Now	Yes, I love my life Now	Yes, I am my own friend Now
Yes, I choose to heal Now	Yes, life loves me Now	I am an expert at being grateful and expressing
Yes, I am in beautiful states Now	Yes, I see good in all Now	gratitude from the heart Now
Yes, I accept myself and my conditions completely	Yes, I allow good to come in my life Now	Yes, Things are always working out for me Now
Now		Being Grateful for everything makes me more loving and joyful
AFFIRMATIONS DECEMBER 2019		
	Yes, I focus on all the good and kind things done by	I am moving into constant state of Bliss
Yes, I am loving, gentle and kind with all life forms,	others and express gratitude for each of them today	•
Now	others and express gratitude for each of them today I appreciate and respect everyone and focus only on	I feel Divine connect with everyone and everything
~ ~	others and express gratitude for each of them today	•
Now I am an expert in genuinely complimenting people	others and express gratitude for each of them today I appreciate and respect everyone and focus only on	I feel Divine connect with everyone and everything
Now I am an expert in genuinely complimenting people including myself I listen to myself and others empathically I keep surprise compliments for my loved ones	others and express gratitude for each of them today I appreciate and respect everyone and focus only on their goodness I feel people's vibrations and understand them as they	I feel Divine connect with everyone and everything I experience great compassion for all life I am one with the power that created me and this power gives me the power to create my world I have a very strong and deep connection with my
Now I am an expert in genuinely complimenting people including myself I listen to myself and others empathically I keep surprise compliments for my loved ones around them	others and express gratitude for each of them today I appreciate and respect everyone and focus only on their goodness I feel people's vibrations and understand them as they are	I feel Divine connect with everyone and everything I experience great compassion for all life I am one with the power that created me and this power gives me the power to create my world I have a very strong and deep connection with my Divine
Now I am an expert in genuinely complimenting people including myself I listen to myself and others empathically I keep surprise compliments for my loved ones	I appreciate and respect everyone and focus only on their goodness I feel people's vibrations and understand them as they are I focus on things to appreciate in my life I bless myself and all others with all goodness of life I bless myself and everyone with beautiful states of	I feel Divine connect with everyone and everything I experience great compassion for all life I am one with the power that created me and this power gives me the power to create my world I have a very strong and deep connection with my
Now I am an expert in genuinely complimenting people including myself I listen to myself and others empathically I keep surprise compliments for my loved ones around them I am more loving, more kind and more gentle to	I appreciate and respect everyone and focus only on their goodness I feel people's vibrations and understand them as they are I focus on things to appreciate in my life I bless myself and all others with all goodness of life	I feel Divine connect with everyone and everything I experience great compassion for all life I am one with the power that created me and this power gives me the power to create my world I have a very strong and deep connection with my Divine I believe and Trust that things are always working out
Now I am an expert in genuinely complimenting people including myself I listen to myself and others empathically I keep surprise compliments for my loved ones around them I am more loving, more kind and more gentle to everyone around me including myself I accept help and offer support with grace, as and	I appreciate and respect everyone and focus only on their goodness I feel people's vibrations and understand them as they are I focus on things to appreciate in my life I bless myself and all others with all goodness of life I bless myself and everyone with beautiful states of awakening	I feel Divine connect with everyone and everything I experience great compassion for all life I am one with the power that created me and this power gives me the power to create my world I have a very strong and deep connection with my Divine I believe and Trust that things are always working out for me
I am an expert in genuinely complimenting people including myself I listen to myself and others empathically I keep surprise compliments for my loved ones around them I am more loving, more kind and more gentle to everyone around me including myself I accept help and offer support with grace, as and when needed to	I appreciate and respect everyone and focus only on their goodness I feel people's vibrations and understand them as they are I focus on things to appreciate in my life I bless myself and all others with all goodness of life I bless myself and everyone with beautiful states of awakening I am Aware of my thoughts, words and actions I celebrate each festival with lots of love, fun and joy	I feel Divine connect with everyone and everything I experience great compassion for all life I am one with the power that created me and this power gives me the power to create my world I have a very strong and deep connection with my Divine I believe and Trust that things are always working out for me