



# Dr. Ramapati Ram

- Professor and Head of Department, General Internal Medicine
- MBBS, MD, MRCP London, FRCP London, FRCP Glasgow, FRCP Edinburg
- Director Academic and Post graduate Teaching DNB/DrNB (Doctorate National Board) Program
- Full Time Consultant Physician, General Internal Medicine
- Diabetes and Clinical Cardiology Specialist
- Sr. Post Graduate Teacher
- Member Specialty Board General Medicine, Professor, Assessor of Hospitals and Academic Institutions for Accreditation, Examiner, Students Counseling Coordinator, Thesis Assessor under the National Board of Examination in Medical Sciences (NBEMS) Ministry of Health & Family Welfare, Government of India
- MBBS, MD, MRCP London, FRCP London, FRCP Glasgow, FRCP Edinburg, FACP USA
- MRCP Examiner



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## WORK EXPERIENCE

### 1. Jaslok Hospital and Research Centre, Mumbai, Maharashtra

**August 2012 to January 2025**

- HOD, General Internal Medicine
- Director Academic for Postgraduate and Super-specialty Teaching program named as Diplomat National Board (DNB) and Doctorate National Board (DrNB), respectively under the National Board of Examinations in Medical Sciences (NBEMS), Ministry of Health and Family Welfare, Government of India
- Professor and full time Sr. Post Graduate Teacher General Internal Medicine, under the National Board of Examinations in Medical Sciences (NBEMS), Ministry of Health and Family Welfare, Government of India
- Full Time Consultant Physician for Department of Internal Medicine
- Cardio -Metabolic, Clinical Cardiology and Diabetes Specialist
- Thesis Guide and Dissertation for DNB General Internal Medicine PG students (total 65) at Jaslok Hospital and Research Centre and other institutes, Mumbai, India under the National Board of Examinations

in Medical Sciences (NBEMS), Ministry of Health and Family Welfare, Government of India. Detailed list of Thesis can be shared upon request.

- Thesis Assessor for DNB General Internal Medicine PG students PAN India under the National Board of Examinations in Medical Sciences (NBEMS), Ministry of Health and Family Welfare, Government of India
- Organ Transplant Committee Member
- Member of Scientific Research Committee
- Member Of Scientific Research Committee for DNB Program Thesis Work
- Actively involved in Medical Research and its Publication for Post graduate and Super-specialty Teaching program named as Diplomat National Board (DNB) and Doctorate National Board (DrNB), respectively under the National Board of Examinations In Medical Sciences (NBEMS), Ministry of Health and Family Welfare, Government of India in areas of Internal Medicine, Diabetes Technology and Endocrinology, Obesity, Metabolic diseases, Clinical Cardiology Cardiovascular Medicine, Preventive Cardiology, Non-Interventional Cardiology

## **2. National Board of Examination in Medical Sciences (NBEMS), Ministry of Health and Family Welfare, Government of India, Year 2000 till date (ACADEMICS, RESEARCH AND DISSERTATION)**

- Member Specialists Board in Specialty of General Medicine
- Professor / Senior Post Graduate Teacher / Sr. Faculty member
- Examiner NBEMS for DNB PG Degree, General Medicine, Theory and Practical PAN India
- Thesis Assessor, DNB PG Degree, General Medicine PAN India
- Examination Conductor for FMGE (FOREIGN MEDICAL GRADUATE EXAMINATIONS)
- Students Counseling Coordinator for DNB PG Program PAN India
- Assessor of Hospitals and Academic Institutions for Accreditation of DNB PG Program PAN India ( 72 Institutes)
- Examiner for Annual Formative Assessment Test for PG Program
- Assessor for National Medical Commission (NMC)

### **3. Ministry of Indian Railways, Government of India**

**32 Years, August 1980 to July 2012**

- IRMS (Indian Railways Medical Services), Group A/Class I Services, SAG (SENIOR ADMINISTRATIVE GRADE)
- Other Posts held in Indian Railways as Assistant Divisional Medical Officer-ADMO, DMO, SR.DMO, SR.MS, Chief Physician

### **Jagjivan Ram Hospital, Mumbai Central, Mumbai,**

**March 2007 to July 2012**

- Chief Physician and Head of Department (HOD), General Internal Medicine
- Sr. Consultant Specialist Internal Medicine, Cardiovascular Medicine and Diabetes
- Sr. Post Graduate Teacher/Faculty for (DNB-General Medicine Degree under the National Board of Examinations in Medical Sciences (NBEMS), Ministry of Health and Family Welfare, Government of India at different positions as Chief Physician, HOD, Chief Staff Surgeon, Deputy Chief Medical Director and Medical Director
- HOD Academic for Post graduate and Super-specialty Teaching program named as Diplomat National Board (DNB) and Doctorate National Board (DrNB), respectively under the National Board of Examinations in Medical Sciences (NBEMS), Ministry of Health and Family Welfare, Government of India
- Full time Sr. Post Graduate Teacher General Internal Medicine, under the National Board of Examinations in Medical Sciences (NBEMS), Ministry of Health and Family Welfare, Government of India
- Chairman for Appointment of visiting and Honorary Consultants
- Hospital Audit Committee Chairperson
- Hospital Mortality Committee Chairperson
- Infection Control Committee Chairman
- ICU and Administrative In charge Charbagh Hospital Lucknow, UP, India
- ICU In charge Jagjivan Ram Hospital Mumbai
- In charge for purchase of Drugs by Board for special categories Patients

- Governing Body Member for “Health Care Worker Safety Project” run by Americares USA (A Non-Profit Organization)
- Actively involved in Medical Research and its Publication for Post graduate and Super-specialty Teaching program named as Diplomat National Board (DNB) and Doctorate National Board (DNB), respectively under the National Board of Examinations In Medical Sciences (NBEMS), Ministry of Health and Family Welfare , Government Of India in areas of Internal Medicine, Diabetes Technology and Endocrinology, Obesity, Metabolic diseases, Clinical Cardiology Cardiovascular Medicine, Preventive Cardiology, Non-Interventional Cardiology

**Divisional Railway Hospital Northern Railway Charbagh, Lucknow, Uttar Pradesh, India  
May 1997 to March 2007**

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- HOD Internal Medicine
- Sr DMO, Senior Divisional Medical Officer
- SR Medical Superintendent and Administrator
- House officers Academic In charge
- Seminars and symposium for Senior Residents under their Teaching Program

**4. Ministry of Health and Family Welfare, Group A/Class I Services, Government of India,  
September 1977 to August 1980**

- Medical Officer, Central Health Services (CHS) under Central Government Health Scheme (CGHS), Class 1/Group A Services, Kanpur (UP), Ministry of Health, Government of India

**5. House officer /House Surgeon, General Surgery, S.R.N Hospital, M.L.N Medical College Allahabad, UP, India  
July 1977 to September 1977**

**6. Rotating Internship at S.R.N. Hospital and Associated Hospitals M.L.N. Medical College, Allahabad, India  
July 1976 to June 1977**

# ACADEMICS, RECENT PUBLICATIONS AND CLINICAL RESEARCH

Teacher and Thesis Guide for 63 DNB General Medicine PG students and Thesis Dissertation Guide for 3 DNB General Medicine PG students every year

- Academic Director for Jaslok Hospital and Research Centre, Mumbai for 120 DNB PG students
- Thesis Assessor for 360 DNB General Medicine PG Students (NBEMS) for other institutes
- Postgraduate Teacher and Thesis Guide/Dissertation of DNB (Medicine), for the following topics
- submitted to National Board of Examination (NBE)

1. Study to see the association of coronary artery disease and coronary artery disease risk factors With Non-Alcoholic Fatty Liver Disease
2. Clinical profile of Intracranial Hemorrhage
3. Evaluation of Intimal Medial Thickness (IMT) and Lipoprotein (a) as a risk factor of coronary artery disease
4. Clinical profile and risk factor assessment in patients of Cerebrovascular Stroke less than 50 years of age
5. Epidemiology of Hypertension and Diabetes Mellitus and Complications of Diabetes Mellitus
6. Clinical outcomes in cases of coronary artery disease treated with optimal medical management vs. PTCA/CABG
7. Role of Cardiac Markers in diagnosis, risk stratification and treatment of patients in Emergency
8. Department with chest pain / Acute Coronary Syndrome/ Acute Heart Failure
9. Effect of adding DPP4 inhibitors (Sitagliptin) the management of patients of Type 2 Diabetes Mellitus as a mono therapy as well as and add on therapy in those on Insulin and/ or Oral Hypoglycemic agents
10. Comparison of effects of Atorvastatin with Feno-fibrate vs. atorvastatin with Niacin on lipid profile, Hs CRP, Lipoprotein (A)/ (B) in Dyslipidemia patients
11. Prospective follow up study to evaluate the effect of glycemic control and Blood Pressure control on the modifying risk factors 'Serum Insulin, Serum fibrinogen, Hs-CRP and Carotid Artery IMT and preventing complication in Diabetes and Hypertension
12. Blood Pressure control and Cardiovascular risk profile in Hypertensive patients of railway population. (Abstract submitted ESC -2015, London)

13. Prospective follow up study to evaluate the incidence of Insulin Resistance, over Weight/ Obesity and Fatty Liver on development of Pre-Diabetes and Diabetes
14. Study to evaluate association of high-level Serum Uric Acid, inflammatory response and complication arising in patients with patients of Malarial fever
15. Association of cardiovascular risk factors or established cardiovascular disease with Non-Alcoholic Fatty Liver Disease (NAFLD) patients in Jaslok Hospital and Research Centre, Mumbai
16. Clinical profile of patients with Atrial fibrillation
17. The incidence of Hypertension and prehypertension in subjects with deficient, insufficient and sufficient levels of Vit. D3 in a tertiary care institute in Mumbai, India
18. The effect of Anemia on the accuracy of glucose meters in diabetic patients
19. Prevalence of Vit D insufficiency and its association with Metabolic Syndrome- An analytical cross-sectional study
20. Assessment of Neck circumference as a screening tool of Metabolic Syndrome
21. Study correlation Between Glycated Hemoglobin (HbA1c) and Dyslipidemia in patients with Type 2 Diabetes Mellitus
22. Association of risk factors for Cardiovascular disease or established coronary artery disease with non- alcoholic fatty liver disease (NAFLD) patients in Jaslok Hospital and Research Centre, Mumbai.
23. The incidence of hypertension and pre-hypertension in subjects with deficient, insufficient and sufficient levels of vitamin D3 in a tertiary care institute in Mumbai
24. A correlational and prognostic study of the relationship between septicemia and magnesium levels
25. Prevalence of Vitamin D Insufficiency and its association with obesity and metabolic syndrome
26. To study co-relation between Glycated hemoglobin (HbA1C) and Dyslipidemia in patients with type 2 diabetes mellitus in Tertiary Care Hospital
27. Assessment of Neck Circumference as screening tool for metabolic syndrome
28. Prevalence of NAFLD inpatient with diabetes mellitus
29. A cross sectional observational study of occurrence of low vitamin D levels in diabetic, obese, diabetic-obese and non-diabetic, non-obese individuals and compare the relative frequency of Vitamin D deficiency in them
30. Study of serum uric acid levels in patients with metabolic syndrome
31. Study of acute Non-cardiovascular illnesses in patients admitted in the ICU having a Cardiac illness and their outcomes

32. A Prospective Cross Sectional. Observational study to evaluate the status of Hypertension control status of associated co-morbidities and cardiovascular risk factors in hypertensive population
33. A cross Sectional, Observational Study of Occurrence of Metabolic syndrome in clinical and sub clinical hypothyroidism
34. Prevalence of Heart Failure with preserved ejection fraction and heart failure with reduced ejection fraction in patients of metabolic syndrome – an echocardiographic study
35. A cross sectional, observational study of spectrum of patients with dyspnea in emergency department of Tertiary Care Centre, Jaslok Hospital and Research Centre
36. A cross sectional, observational study of neutrophil lymphocyte ratio in metabolic syndrome
37. A clinical observational study to assess the effect of Sacubitril combination therapy in patients having heart failure with reduced ejection fraction of cardiovascular parameters
38. To Study clinical profile of acute decompensate heart failure and to assess precipitation factors and associated co-morbidities
39. A Clinical prospective follow up study of patients with uncontrolled T2DM after treatment with SGLT2 inhibitor (EMPAGLIFLOZIN)
40. A Clinical Prospective Observational Study to evaluate the comparative efficacy of SGLT2 inhibitors (EMPAGLIFLOZIN AND DAPAGLIFLOZIN) in management of patients with Type 2 Diabetes Mellitus
41. An observational study of clinical profile of patients presenting with chest pain in the emergency department of Tertiary care center
42. A Clinical Prospective Observational Study To Compare the Cardiovascular Outcomes of Awakening -Anti-Hypertensive Therapy with Bedtime Anti-Hypertensive Therapy In Known Case of Hypertension
43. A Prospective study to compare the percentage reduction in HbA1c in patients on Oral
44. GLP-1RA (Semaglutide) and SGLT 2 inhibitors with metformin for type 2 Diabetes Mellitus”.
45. “A Prospective Study to compare the glycemic control of an individual with type 2 Diabetes after adding an SGLT 2 inhibitor to therapy”.
46. A Clinical Prospective Observational Study to see the effect of SGLT -2 Inhibitor-Dapagliflozin in patients with heart failure across the spectrum of left ventricular ejection fraction.
47. Prospective study to evaluate the clinical efficacy of oral GLP1RA -oral semaglutide in management of T2 Diabetes Mellitus.
48. An observational prospective study to evaluate effects of GLP1RA- oral semaglutide in patients with obesity or overweight with or without Diabetes /CAD /Stroke/Heart failure.

## OTHER PUBLICATIONS

- Clinical profile of Patients with Atrial Fibrillation- A Tertiary Care Center Based Study
- To Evaluate the Status of Hypertension Control, Status of Associated Co-Morbidity and Cardiovascular Risk Factors in Hypertensive Population
- A Prospective, Observational, Clinical Study of Acute Non-Cardiovascular Illnesses in Patients Admitted in the ICU having a Cardiac Illness and their Outcomes
- A rare case of DRESS syndrome
- Reversible Posterior Leukoencephalopathy Syndrome in a Case of Adult Onset Still's Disease with Concurrent Thrombotic Thrombocytopenic Purpura: Response to High Dose Immunoglobulin Infusions
- Thyro-Cardiovascular Medicine 2020 Clinical Update: Thyroid disorders and its vascular Implications
- Medicine Update Text Book 2020-Human Gut Microbiome and its Impact on Health and Diseases
- Medicine Update Text Book 2020- Paradigm shift in the Management of Cardiovascular Risk Factors Associated with Diabetes Mellitus
- Systemic Hypertension confusing Guidelines demystified -Definition and Guidelines for Indian Patients- Paper presentation in APICON-2020 which is published in book- APICON 2020
- Chaired as jury Member in PG Awards Sessions for Research Papers in APICON 2020
- Chaired Session in APICON 2020–Post Graduate Medical Education in India VS International Medical Education. Published in summary book APICON 2020
- Research papers Presentations in ASEAN ACP-AMERICAN COLLEGE OF PHYSICIAN 2021
- Chaired a Session in ASEAN ACP 2021 on Oncological Medical Emergencies
- Dissection of Aorta rare clinical presentation in ACP-2021
- Kidney and COVID19 -Chapter in Medicine update API 2022
- Paper presentation -Kidney and COVID 19 at Jaipur Rajasthan -APICON 2022
- A Clinical Prospective Observational Study to Compare the Cardiovascular Outcomes of Awakening -Anti-Hypertensive Therapy with Bedtime Anti-Hypertensive Therapy in Known Case of Hypertension – GCDC Chennai -2022
- Adult onset Stills disease- JAPIX



- A Prospective Study to Compare the Glycemic Control of An Individual with Type 2 Diabetes Mellitus After Adding an SGLT2 Inhibitor to Therapy: Frontiers in health informatics
- Oral Glp-1 Ra (Semaglutide) Versus Sglt 2 Inhibitors in Patients with Type 2 Diabetes Mellitus Uncontrolled on Metformin - A Clinical Observational Prospective Study: Frontiers in health informatics
- Subarachnoid hemorrhage in Dengue fever JAPI
- Myotonic dystrophic - JAPI
- Multinodular goiter with Sjogren's syndrome-JAPI
- Paroxysmal nocturnal Hemoglobinuria-JAPI
- Astrocytoma in 17 years old female-JAPI
- Atypical Case Adult Onset Stills Disease - JAPI
- De-masking of Left Ventricular Diastolic Dysfunction by NTG challenge, in T2 DM Patients by Echocardiographic study-IJCR
- Abstract submitted to ESC-2016 ROME ITALY-Hypertension management and cardiovascular risk

## ACADEMIA

- **FACP USA**      **Feb 2025**
- **MRCP London**    **Dec 2024**
- **FRCP London**    **June 2022**
- **FRCP Glasgow**   **Jan 2024**
- **FRCP Edinburg**   **Sept 2024**
- **Cardiology Training including Echocardiogram 2006**
- Sanjay Gandhi Post Graduate Medical Institute, Lucknow, India and at Department of Internal General Medicine, King George Medical University (KGMU), Lucknow, U.P, India
- **Diabetes Technology Research Training 2010**  
Raffels University, Milan, Italy
- **M.D. General Internal Medicine 1997**  
King George's Medical University (KGMU) Lucknow, U.P, India  
Gold medal for best Resident during MD
- **Diabetes and Cardiology Training 1997**  
King George's Medical University (KGMU) Lucknow, U.P, India
- **M.B.B.S. 1977**  
**Moti Lal Nehru Medical College (MLN),** Allahabad, U.P, India

## LIFETIME MEMBERSHIP OF BELOW SOCIETIES

- Association of Physician of India (API)
- European Society of Cardiology – (ESC)
- EAPCI (ESC)
- Heart Failure Association (HFA-ESC)
- European Association for Preventive Cardiology and Rehabilitation (EAPCR- ESC)
- Acute Cardiovascular Care (ACC-ESC)
- Professional Member of all 22 Working Groups of European Society of Cardiology (ESC)
- American College of Cardiology (ACC)

- American College of Physician (ACP)
- American Diabetic Association (ADA)
- American Association of Clinical Endocrinology (AACE)
- European Association for Studies in Diabetes (EASD)
- Cardiological Society of India- (CSI)
- Cardio-Vascular Society of India- (CVSI)
- International Diabetic Federation (IDF)
- Asian Diabetic Federation (ADF)
- UP-Cardiological Society of India (UP- CSI)
- UP- Association of Physician of India (UP-API)
- UP Diabetes Association (UPDA)
- Regular participation in attending and presenting papers in above associations conferences national as-well as international
- President API Association of Physician of India–Mumbai Chapter 2009-2011
- Vice –Chairman Railway Chapter of Association of Physician of India–RAPICON 2009-2011
- RSSDI Research standardization studies in Diabetes India

## **EXTRA CURRICULAR**

- Social Activities, Immunization, Tree Plantation, School/Children Education
- Health Education to Geriatric Population
- Diabetic Education Camp, education for management and Care
- Preventive Cardiology Education to Rural and Urban Population
- Health Care Workers Education
- Health care safety Program and vaccination. Training to health care worker.
- Health camps