



Alishiba Ohol

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CAREER OBJECTIVE:

I look forward to associate myself with an organization where there is an opportunity to Share, contribute and upgrade my knowledge, development of self and organization served.

Skills:

- Good judgment, decision making and problem-solving skills.
- Good interpersonal and organizational skills as well as leadership quality.
- Excellent performer – assessing, diagnosing, planning, implementing and evaluating of nursing care.
- Ability to meet deadlines.
- Adaptability and flexibility
- Self-control
- Ethical and professional
- Possess effective verbal and written communication skills
- Innovative teaching skills

Experience:

13th July 2021 – 15th August 2021

Sultan Al Olama Medical Centre, UAE – *Derma Nurse*

- Assist with skin exams to diagnose patients
- Monitor patients' medical history
- Record and report test results
- Explain test results
- Provide pre-operative care

- Help inform patients of post-operative procedures
- Assist in caring for patients post-operation
- Perform and/or assist with cosmetic procedures
- Help treat various skin wounds such as burns, ulcers and skin tears
- Educate patients on proper skincare

7th March 2021 – 7th July 2021

King's College Hospital London, UAE - Healthcare Assistant

- Observing, monitoring and recording patients' conditions by taking temperatures, pulse, respirations and weight
- communication with patients, relatives and carers
- assisting with clinical duties
- personal care including infection prevention and control, food, personal hygiene and overall reassurance, comfort and safety
- promoting positive mental/physical/nutritional health with patients
- checking and ordering supplies
- Preparing patients for therapy.

20th September 2020 - 8th December 2020

Deenanath Mangeshkar Super Specialty Hospital, India - Staff Nurse (NICU)

- Providing round-the-clock care to premature and severely ill new born infants.
- Caring for the basic needs of infants; for example, feeding and changing diapers.
- Performing medical procedures; for example, inserting intravenous lines, performing tests, and administering medications.
- Assisting the NICU physicians in medical procedures and treatments.
- Using and adjusting specialized medical equipment.
- Formulating nursing plans and evaluating the effectiveness of treatments.
- Comforting ill new-borns and anxious parents and family members.
- Offering support to parents and family members and educating them on the at-home care of their new born.
- Performs the diagnosis, treatment, and intensive care of infants in the first few months of life.
- Administrative and referral experience including admission, assessment, treatment, referral and education for new-borns and infants.
- Collaborates with all members of the health care team to ensure effective and efficient patient care.
- Provides the education and demonstration to families regarding infant's health care and precautions.
- Contributes to quality nursing care through excellence in customer service and performance improvement techniques
- Attend deliveries and resuscitation of new born infants.
- Complete admissions into the NICU after deliveries.
- Preceptor to new NICU nurses through entire 6 months of orientation.
- Identifying/teaching parents educational needs and promoting safe infant care upon discharge

- Evaluate and monitor the patient's progress.
- Identify sudden or subtle changes in a patient's medical condition.
- Deliver regular updates to doctors, patients, and their family members.
- Begin treatment and monitor doses.
- If necessary, respond to a medical emergency and alert the appropriate doctors.
- Care for patient needs throughout their recovery in the ICU unit.
- Complete all necessary paperwork before transferring a patient.
- Maintain patient records.
- Create and implement effective care plans.
- Identify patients' age-specific needs and alter care plans as necessary to meet those needs.
- Provide post-mortem care.
- Perform approved therapeutic or diagnostic procedures based upon patients' clinical status.
- Evaluate patients' vital signs and laboratory data to determine emergency intervention needs.
- Administer blood and blood products, monitoring patients for signs and symptoms related to transfusion reactions.
- Administer medications intravenously, by injection, orally, through gastric tubes, or by other methods.
- Advocate for patients' and families' needs, or provide emotional support for patients and their families.
- Set up and monitor medical equipment and devices such as cardiac monitors, mechanical ventilators and alarms, oxygen delivery devices, transducers, and pressure lines.
- Monitor patients' fluid intake and output to detect emerging problems such as fluid and electrolyte imbalances.
- Monitor patients for changes in status and indications of conditions such as sepsis or shock and institute appropriate interventions.
- Assess patients' pain levels and sedation requirements.
- Assess patients' psychosocial status and needs including areas such as sleep patterns, anxiety, grief, anger, and support systems.
- Collaborate with other health care professionals to develop and revise treatment plans based on identified needs and assessment data.
- Collect specimens for laboratory tests.
- Compile and analyze data obtained from monitoring or diagnostic tests.
- Conduct pulmonary assessments to identify abnormal respiratory patterns or breathing sounds that indicate problems.
- Document patients' medical histories and assessment findings.
- Document patients' treatment plans, interventions, outcomes, or plan revisions.
- Identify patients who are at risk of complications due to nutritional status.
- Prioritize nursing care for assigned critically ill patients based on assessment data and identified needs.

- Assist physicians with procedures such as bronchoscopy, endoscopy, endotracheal intubation, and elective cardioversion.
- Ensure that equipment or devices are properly stored after use.
- Identify malfunctioning equipment or devices.
- Assess family adaptation levels and coping skills to determine whether intervention is needed.
- Coordinate patient care conferences.
- Participate in professional organizations and continuing education to improve practice knowledge and skills.
- Participate in the development, review, and evaluation of nursing practice protocols. Plan, provide, or evaluate educational programs for nursing staff, interdisciplinary health care team members, and community members.

Education:

August 2016 - May 2020

MKSS Bakul Tambat Institute of Nursing Education (MUHS Nashik), India- BSC Nursing

February 2014 - March 2016

Sinhgad College of Arts, Commerce and Science, India - HSC (Higher Secondary school Certificate)

March 2014

RMD Sinhgad Spring Dale School, India- SSC (Secondary School Certificate)

Languages:

- Good command over English communication and comprehension.
- Proficient in other Regional languages like Hindi, Marathi.

PROFESSIONAL REGISTRATION:

BSc. Nursing/Midwifery:

1. Maharashtra Nursing Council, India: Full Time Registered Nurse

Register Number: XVI-28904 dated on 30th march 2021

Valid till: March 2025

CERTIFICATIONS/ CONFERENCES:

- Attended National Conference on “REDEFINING NURSING” held on 21 and 22 November 2019 at MKSSS BTINE.
- Attended Training Program on “HIV/AID and ART” Training under the global fund to fight against AIDS, Tuberculosis and Malaria at MKSSS, BTINE Pune.
- Participated in National workshop on “National Human Rights Commission”, New Delhi on 28 January 2020 at MKSSS Smt. Bakul Tambat Institute of Nursing Education.
- Participated in Mind Management Institute “A Campaign to Increase Awareness Regarding Psychiatric Disorders” securing Outstanding performance with 76% on 17 November 2018.
- Attended workshop on “First Aid Management”.
- Attended workshop on “Lecture Series for Genetics for Nurses” from 05/02/2018 to 07/02/2018.

- Lila Poonawalla Foundation training program on – Adapting to Change on 16/12/2018.
- Obstetrics and Gynecological Emergencies on 02/12/2018 and 24/03/2019.
- Emotional Excellence on 227/05/218. Time Management on 19/11/2017.
- Completed MS-CIT securing 90/100 on October 2016.
- Attend Webinars on Covid-19 by WHO, NATHEALTH and FICCI Med varsity, Micro Nurses Academy, Mohammed bin Rashid University of Medicine and Health Sciences, Sphere India.
Shri Siddhvinayak Mahila Mahavidyalya on COVID-19 Pandemic Disease Awareness Quiz program 2020” gained online certificates

Awards:

1. MUHS Activities:-

SNA Participation for – Miss SNA and Solo Dance Competition in 2018. Group Dance in 2019 and 2020.

2. Cultural Activities

- Participated in “Miss BTINE” and won Second Runner-Up place, held on 25/01/2018 and also in “Duet Dance” Third place by MKSSS BTINE.
- Participated in “Duet Dance and Solo Dance” securing Second Place and also in “Folk Dance and Western Group Dance” securing First Place on 01/02/2019 in MKSSS BTINE.
- Participated in “Folk Dance” securing First Place and in “Duet dance, Solo Dance and Western Group Dance” securing Second Place on 21/01/2020 in MKSSS BTINE.
- Participated in Emblaze “Group Dance” and won Second place, held on 1 March 2019 at Kirloskar Institute Of Advance Management Studies, Pune.
- Participated in Maharashtra Institute of Mental Health and Department of Psychiatry on “Essay Competition” On “Focus on Suicide Prevention” held on 3 October 2019 By B.J. Government College.
- Participated in “Bhaskarao Karve Smruti Karandak” for “Speech Competition” on 2019-2020.
- Participate in “Personality Development” held by Sri Sarada Math in the year 2018 and 2019.
- Participated in Chaitanya Institute of Mental Health for Dance Competition Securing Third place in Group Dance

COMPUTER SKILLS:

1. Microsoft office (Word, excel, PowerPoint)
2. Proficiency in operating system

PERSONAL DETAILS:

- ☐ Name: Ms. Alishiba Sudhir Ohol
- ☐ Nationality: Indian
- ☐ Religion: Christian
- ☐ Marital status: Single
- ☐ DOB: 02nd October 1998.
- ☐ Sex: Female

- ☐ Language known: English, Hindi and Marathi
- ☐ Hobbies: Drawing, Dancing, listening to music, Watching TV.
- ☐ Permanent address:
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Kolhapur - 416003
Maharashtra
- ☐ Contact Tel. No: +971- 0545360023
 - Email address: alishibaohol@gmail.com

Declaration: - I hereby declare that the information contained above is true to the best of my knowledge.

Date: -

Place: -

Signature: -

