

NAME: MOKOM ROSETTE NUMFORNENG

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ADDRESS: JIMI-AL AIN

DESIGNATION: NURSE

NATIONALITY CAMEROONIAN

VISA STATUS VISIT VISA



PROFESSIONAL SUMMARY

Registered nurse with 3 to 4 years' experience in both Outpatient and Inpatient care settings. Professional with more than 3 years of practice in emergency room care, triage, and post-surgical recovery and can also plan and deliver evidence-based care to patients. Strong knowledge of medicine, pharmacology, and standards of care in the hospital or private practice setting. Caring and reliable person and has no trouble communicating across different levels and with individuals from all backgrounds . Committed to making patients more informed and comfortable during their care.

CAREER OBJECTIVES

- Determined to provide outstanding service and care to patient, listening to their concerns and treating for overall well-being.
- Focused on providing quality care and maintaining direct lines of communication with patients and the entire healthcare team.
- Superb interpersonal and leadership skills.

- **SKILLS AND QUALITIES**

- Dedicated patient advocate, focused on providing quality care and maintaining direct lines of communication with patients and the entire healthcare team.
- Strong oral and written communication skills, since much of this job requires speaking to patients kindly and discussing care with other medical staff. Multitasking with a highly organize skill set, expert in handling more than one case load and managing several patients at the same time.
- Respected team player and participant throughout my career, equipping myself with the right mindset to want to offer almost all my expertise to help improve patient outcomes.
- Excellent sense of integrity and honesty when dealing with sensitive subjects and situations related to patients.

WORK EXPERIENCE

MARCH 2016 - MARCH 2019: **BANSO BAPTIST HOSPITAL BAMENDA – CAMEROON**

DUTY POSITION: **REGISTERED NURSE**

DUTIES AND RESPONSIBILITIES:

- Promote an environment of physical, occupational, cultural, ethical and legal safety
- Provide monthly statistics as required

- Provided health education training for patients.
- Took and recorded patient temperature, pulse and blood pressure.
- Maintained patient charts and confidential files / records.
- Managed a big- member nursing and medical support team.
- Evaluated patient care needs, prioritized treatment and maintained patient flow.
- Provided quality nursing care in accordance with DHA policies and procedures.
- Assisted in Procedures such as suturing, Incision and Drainage.
- Cleaned and sterilized instruments, and disposed of contaminated supplies.

AREA OF WORKING

1) MEDICAL AND SURGICAL DEPARTMENT

- Task and Activities Unit preparation for receiving patients.
- Attends and manages emergencies such as shock, post-operative complications
Cardiac monitoring.
- Collection of specimen for investigation.
- Preparation of patient for surgery.
- Administration of medication.
- Maintains accurate records and reports.
- Assists patients to perform self-care activities and early ambulation.
- Give discharge summary and health education to the patient and relatives.

2) PEDIATRIC DEPARTMENT

Task and Activities

- Performed examinations, made tentative diagnoses, and administered medication under the guidance and approval of the primary care pediatrician.
- Obtained, compiled, and recorded patient information, including medical history, progress notes, and examination results.
- Provided primary care pediatrician with assistance during complex procedures and surgeries.
- Supervised and coordinated a team of eight technical assistants

3) MID-WIFERY DEPARTMENT

Task and Activities

- Provides direct patient care and accompany in the management of pre-natal, antenatal, perinatal and postnatal follow-up care for women .
- Performs any other duties as may be assigned
- Participates in Continuing Professional Development (i.e. trainings, mentoring)
- Ensures adequate infection prevention and control measures are maintained at all times

- Provides comprehensive sexual and reproductive health information and services including family planning counselling and services to prevent and treat malaria, tetanus, STI, HIV
- Provides reproductive health services and counselling to adolescents in the prevention of teen pregnancy, transmission of STI/HIV, and sexual violence related injuries
- Compiles and submits periodic reports

APRIL 2019 - MARCH 2020: **NDU BAPTIST HEALTH CENTRE, BAMENDA - CAMEROON**

DUTY POSITION: **STAFF NURSE**

DUTIES AND RESPONSIBILITIES:

- Assessment, implementation and Evaluation of individual patient care, including physical, physiological and psychosocial needs.
- Care of patient on ventilators, setting the ventilator parameter according to the patient's respiratory status, with constant monitoring of the patient
- Maintaining patient airway- providing tracheal, oral, nasal, suctioning as required.
- Adequate chest physiotherapy to mobilize the secretion.
- Two hourly change of position, giving steam inhalation, mobilization, administering oxygen.

- Administration of inotropic drugs
- Postoperative care specific to surgical procedure and post- operative instructions.
- Assisting in various procedures such as: Defibrillation, ET Intubations & extubation.
- Pleural tapping, CVP Line Insertion and ICD insertion.

EDUCATIONAL QUALIFICATION

2011-2015 Bachelor Degree in Nursing/midwifery

Home country license

2009- 2011 G.C.E. ADVANCED LEVEL(High School)

2004 - 2009 G.C.E. ORDINARY LEVEL (Secondary School)

REFERENCES: - Upon request

SKILLS

Fluent in spoken and written English.

Speak little of french

