**CURRICULUM VITAE**

**RESHMI K S**

Ras Al Khaimah, U.A.E

Mob: +971 525502306

Email: ***reshmiks88@gmail.com***

**CAREER OBJECTIVE**

A career oriented individual with a creative ability and capacity for optimum productivity and performance Also very hard working. Adaptable and self-motivated. Offering great potential for professional growth and achievement through determination and dedication to reach further heights.

**PROFESSIONAL SUMMARY**

I am a registered nurse with seven years of experience in hospital settings, assigning in Cardiac care unit providing nursing care to patient and ensuring high standards of culturally competent care with wide variety of patients with diverse needs.

**ACADEMIC CREDENTIALS**

* **BSC Nursing** in **Chaitanya College of Nursing** under **NTR University of Health Science** in Andra Pradesh, In June 2011
* **Board Of Higher Secondary Examination** from **Govt. Higher Secondary School**, Punnala 2007
* **S.S.L.C** from **Board of Examination ASHSS of Kerala**, India (2004)

**LICENCE**

* MOH LICENCE NO: T51190
* BLS

**PROFESSIONAL EXPERIENCE**

**SEVEN (7) YEARS OF MERITORIOUS SERVICE NURSING STAF**

* **NEXUS MEDICAL CLINIC** Ras Al Khaimah, U.A.E.

Designation : Registered Nurse

Duration : May 2018 till working

* **AL MUSALLA MEDICAL CENTRE** Dubai, U.A.E.

 Designation : Staff Nurse

 Duration : November 2015 to May 2018

* **SP FORT HOSPITAL** Trivandrum, Kerala, India

Designation : Staff Nurse

Department : Post Op ICU Dep.

Duration : November 2014 to August 2015

* **GOYAL HOSPITAL & RESEARCH CENTRE** Jodhpur, Rajasthan, India

Designation : Staff Nurse

Department : CCU Dep.

Duration : 19/06/2012 to 30/06/2014

**DUTIES AND RESPONSIBILITES**

* It is my responsibility to give possible standard care in terms of total health needs, plan, implement and evaluate patient care. Secure and maintain necessary equipments and supplies. Arrange for clean. safe environment and assume continuous awareness to maintain a high quality cost effective care, sound knowledge of use of equipments and understanding of the latest technologies. Also perform to other duties as may be assigned from time to time.
* Receive endorsement from outgoing shift, take charge of Narcotic keys, check the working condition and setting of equipment’s like AMBU bag, ventilator, cardiac monitors defibrillators, suction and oxygen apparatus and so on. • Admission of patient, obtaining history, observing, examining, planning care.
* Checks and monitor patient’s condition & ensures that patients receive quality nursing care at all times.
* Pre-operative care – skin preparation, obtaining consent, keeping lab results ready, pre-medication, psychological support, assisting in cardiac procedures.
* Assist doctors and circulate for all catheterization lab procedures.
* Cardiac monitoring and defibrillation in haemo dynamically unstable patients.
* Assisting doctors for endo tracheal intubation and mechanical ventilation.
* Managing cardiac emergencies by initializing CPCR, defibrillation, administering emergency drugs etc.
* Administer and record prescribe medication and treatment, administer the medication (oral, IV,IM, subcutaneous, intra dermal , intra cardiac), using sterile techniques and administer to the right patient, the right drug, in the right dose, in the right time and right route.
* Records and evaluates effectively of implemented nursing actions. Records observations and nursing interventions completely before endorsement.
* Dressing of surgical wounds using aseptic techniques.
* Setting up and infusing of intravenous drugs.
* Administering oxygen by face mask, ventury mask, nasal cannula, AMBU bag, ET tube, T piece and by Manual resuscitation.
* Pre and Post care of patients undergoing different Cathlab procedures and patients with cardiac diseases.
* Maintenance of good interpersonal relationship among members of health care team.

**EQUIPMENTS HANDLED**

* Cardiac monitor
* Defibrillator
* Ventilator. ET Tube
* Laryngoscope
* Infusion Pump & Syringe pump
* ECG Machine
* Suction Apparatus
* Gluco Meter
* Oxygen Cylinder
* Pulse Oxy meter , Thermometer, Sphygmo Mano Meter, Nebulizer.

**PERSONAL PROFILES**

* Father’s Name : Sugathan
* Date of Birth : 25 April 1988
* Gender : Female
* Marital Status : Married
* Nationality : Indian
* Languages Known : English, Hindi & Malayalam

**PASSPORT DETAILS**

* Passport No : T 9916588
* Date of Issue : 16-11-2019
* Date of Expiry : 05-11-2029
* Place of Issue : Trivandrum
* Visa Status : Employment Visa

**DECLARATION**

 I do here by declare that all the information furnished above is true to the best of my knowledge and belief.

**RESHMI K S**