



Janelle Lynn D. Biete

Contact

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Skills

*Critical thinking and problem
solving*

Teamwork and collaboration

*Professionalism and strong work
ethic*

*Oral and written communications
skill*

Leadership

I am willing to be trained by your component head, and promise to do my duties/assignment wholeheartedly. Obtain a challenging entry level position that will utilize my technical expertise, strong people skills, and organizational abilities. To struggle for excellence in different filed with dedication, focus, positive approach, optimistic, attitude and zeal. And to make use of my knowledge and skills in the top possible way of execution of organizational goals.

WORK EXPERIENCE

April
2012-2014 **Massage Therapist**
Body & Sole Dagupan, Phillipines

Job Description

- Talk with clients about their symptoms, medical history, and desired results
- Evaluate clients to locate painful or tense areas of the body
- Manipulate muscles and other soft tissues of the body
- Provide clients with guidance on stretching, strengthening, overall relaxation, and how to improve their posture
- Document clients' conditions and progress

June
2015-2017 **Caregiver**
Geylang Rd Singapore

Job Description

- Ability to multitask and respond to patient needs.
- Being attentive to patients' well-being and safety.
- Caring and patient manner.
- Monitoring and scheduling medical appointments. at all times during shift.
- Monitoring blood glucose, blood pressure and oxygen saturation.

September
2017 - 2019

Caregiver
Awafi Health Care Llc
Airport Road UAE

Job Description

- Help the patient with daily activities, such as bathing and bathroom functions, feeding, grooming, taking medication.
- Help the patient make and keep appointments with doctors, provide or arrange transportation and serve as a companion.
- Provide general attention to the non-medical needs of patient following an established Plan of Care.
- Remain in the patient's presence or vicinity

EDUCATION

2009-2011

Practical Nursing
Saint Thomas Aquinas Medical Centrum
Dagupan City, Phillipines

Certification
First Aid Training (Standard)
Basic Life Support (CPR Training For
Health Care Providers)

2011-2012

Massage Therapist NCII
Greenmont System
Dagupan City, Phillipines

2020

Caregiver NC2
TESDA PANGASINAN SCHOOL OF ARTS AND TRADES
LINGAYEN, PANGASINAN