



## **VEENA SUDHARMMA**

**Paediatric Physiotherapist**

**DOH No. GT 30956**

**Al Ain.**

**+971559978720**

[Veena4physio@gmail.com](mailto:Veena4physio@gmail.com).

### **SKILLS**

Time management, Analytical skills, leadership skills, communication skills, computer skills, assessment, plan of care, Neuromuscular & musculoskeletal skills.

### **EDUCATION**

Sam Higginbottom University, India  
Bachelor in Physiotherapy 2002 –2007, grade A

Medical coding -currently doing.

### **LICENSES & CERTIFICATIONS**

Dubai Health Authority DOH License  
No.GT-30956

Basic Life Support (BLS) American Heart  
Foundation.

Indian Association of Physiotherapists ,IAP

### **PERSONAL PROFILE**

Nationality. : Indian  
Date of Birth. : 20/05/1984  
Passport Number. : S 1905435  
Date of Expiry. : 02/07/2028

### **VOLUNTEER SERVICE**

Pretheeksha Special Smiles Since 2018.

### **LANGUAGES KNOWN**

English, Hindi, Malayalam & Tamil.

## **OBJECTIVE**

DOH licensed Physical Therapist (GT 30956) with 14years experience in India and UAE. Efficient in manual therapy and therapeutic modalities.I have honed my clinical adeptness in musculoskeletal, Neurological and Paediatric therapy in OP/IP settings. Seeking employment to prove my assessment skills and deliver excellent patient care.

## **EXPERIENCE**

**Marbella Speech Therapy and Rehabilitation Center , Al Ain Since 2022-**

Taking systematic assessment of Paediatric cases .  
Correlate details with other departments.

Apply for approval from Thiqa insurance.

Implement personalised intervention plans including short term and long term goals.

Proper guidance and training for parents and care givers.

**Al Ibtisama Centre For People With Disabilities,UAE.2020-2022 Physiotherapist.**

Arrangements to start a new Physical Therapy unit.

Helping clients to restore function and independence with detailed assessment and specialised treatments.

Garned 90% of patient satisfaction and 85% of goal achievement.

Assessed and implemented personalised intervention plans including short and long-term goals, frequency and duration.

Ensured client rights, dignity and confidentiality at all time for continued compliance.

Use of equipments, modalities and techniques for attaining specific goals.

Planning and organizing events for "People of Determination ".

**Abhaya Physiotherapy Centre, India 2013- 2020 Consultant Physiotherapist.**

Garnered 85% of patient satisfaction .

Employed Mulligan, Maitland mobilisation, PNF techniques, Myofascial release, Kinesiology taping etc.in treatment plan

Regularly administered electrical modalities like Ultra sound, TENS, IFT, Traction, electrical muscle stimulation and Infrared lamp.

Recorded detailed prognosis, treatment, response and progress notes in patient charts.

### **Adarsh Charitable Trust, India 2009-2013 Physiotherapist.**

Assessed and formulated management plan for a range of children with neuro developmental disorders including vast majority of cerebral palsy children.

Used clinical tools and outcome measures includes Gross Motor Function Classification System (GMFCS) and Cerebral Palsy .

Treatment based on neuro developmental therapy, spinal correction, ADL and 24 hour postural management including braces, modified seats, standing frames, wheelchair and orthotics.

Attended Hydrotherapy sessions weekly.

Parental and care givers counselling and training .

### **Modern Hospital, India 2007-2009 , Physiotherapist.**

Managed high-volume of case load of 100+ in patient & out patient clients in a multi specialty set up.

Organised and prioritised work schedule.

Collaborated and coordinated with other specialities to develop comprehensive care plans.

A well organised care plan in Electrical modalities.

Taught chronic pain management techniques to assist patients in managing pain including exercises, manual therapy and electrical modalities.

Helping clients to rehabilitate from Neurological issues.

Giving Orthotics & prosthesis Supports.

Home program & care taker counselling.

## **UNDERTAKING**

It shall be my earnest endeavor to attain the level of heights set for me utilizing my skills competencies and abilities acquired from my wide ranging therapeutic exposure and academic trainings I received.

**Veena Sudharmma**

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