

SHAHARBAN M

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PROFILE

Seeking for substantial responsibility where my past and varied experience would be fully utilized in a career opportunity and where making a significant contribution to the success of my employer which will gain me a career advancement opportunity.

To help the exceptional children to learn and acquire necessary skills for their self-help, independent living and leading future life as properly as possible.

Professional Experiences Tele Counselling (2020-2021)

- During the covid pandemic period we the team companionship with **MENTAL HEALTH DEPARTMENT** of Kerala Government doing TELE COUNSELLING activities.
- Given mandatory needs like counselling, needy reference, quarantine suggestions, hospitality management etc

Government Higher Secondary School Kerala

Psycho - social Counsellor | June 2018 - Nov 2021

- Providing different counseling sessions. Conducting motivational, academic, awareness and wellbeing programs for students and staffs also parents.
- Initiating and conducting extracurricular events to boost the overall well-being of the students.

Government Tribal Residential School Kerala

Student Counsellor With Special Educator

- To help introvert and problem with learning disabilities students, for them to acquire necessary social skills, emotional literacy to live and participate in school, home, and community life as properly as possible
- As a scheduled school by the **Tribal department, Govt. of Kerala** followed government protocols of welfare and guidance to the students.
- Provided counselling sessions to students of the residential school and hostel
- Activities Worked as Supervisor in Girls Hostel, Deals with their
 - Academics and Non academics activities

SOCIAL WORK EXPERIENCE

- Social work Block placement training at **Govt. Mental health Centre Kerala**
- Mental health and de-addiction field work training at **Naveen Hospital, Coimbatore**
- Field work at **Nainan's Mental Health Care Kerala**
- Psychiatric and de-addiction training at Assumption Hospital Wayanad, Kerala**
- Social work internship at **Shanti Ashram, Coimbatore**

RELEVANT WORKSHOPS ATTENDED

Neuro-linguistic Programming, Psychotherapy work shop
National Seminar on Quantitative & Qualitative Research Methods

RELEVANT INFORMATION

Nationality : INDIAN

Date of Birth : 13-03-1990

Visa Status : Husband Visa

Language:

English, Hindi, Tamil, Malayalam

Skills Summary

- Counselling
- Teaching
- Academic Career & Guidance
- Cognitive Behavioral Therapy
- Leadership and Communication Skill
- Ability to motivate staff and maintain good relations
- Resistance to stress
- Good manners
- M S Office

Education

MSW –MEDICAL & PSYCHIATRY
(7 TH RANK) Bharathiar University
B A SOCIOLOGY Calicut University
state-level two years diploma course(D.ED primary level teaching)
HIGHER SECONDARY
EDUCATION