



MASSIMO BRIAMO

Massage Therapist & Osteopath

Address: Jlt, Cluster D, Lake terrace, Dubai, UAE
Mobile Phone: (+971) 589068262 **Email address:**
briamoosteopatia@gmail.com

Passionate osteopath and massage therapist with extensive experience in manual therapy, postural analysis, and sports rehabilitation. Skilled in structural, visceral, and craniosacral techniques, with a patient-centered approach. Currently based in Dubai, with DHA license in final process, seeking opportunities in 5-star hotel spas, wellness clinics, and elite healthcare practices.

WORK EXPERIENCE

Osteopathy Intern - Accademia Osteopatia - Bergamo, Italy	31/10/2021 - 31/10/2024
<ul style="list-style-type: none">Hands-on training in structural, visceral, and craniosacralosteopathy.Developed expertise in palpatory anatomy, biomechanics,andmanipulativetechniques.	
Osteopathy & Postural Therapy intern - Checchetto-Verona,Italy	31/12/2022 - 31/12/2023
<ul style="list-style-type: none">Conducted postural assessments and implementedosteopathictreatmentprotocols.Applied theoretical knowledge to real-case patientscenarios.	
Sports Osteopathy Intern - Carlo Maestrini Osteopatia-Bergamo,Italy	31/12/2021 - 31/12/2022
<ul style="list-style-type: none">Completed 300+ hours treating athletes across multipliedisciplines.Provided injury prevention and rehabilitation supportforsportsclubs.	
Team Leader – Part-time- Brembo Stezzano, Italy	30/09/2021 - 30/09/2025
<ul style="list-style-type: none">Developed leadership, teamwork, and time managementskillswhilestudyingosteopathy.	

EDUCATION

Diploma in Osteopathy (DO) Accademia Osteopatia - Bergamo,Italy	01/10/2021 - 01/11/2024
Certified Massage Therapist (MCB) Centro studi Synapsy - Bergamo,Italy	01/09/2019 - 01/06/2021
Postural Exercise Instructor CSEN - Milano, Italy	01/03/2024 - 01/04/2024
High School Diploma Istituto Tecnico CommercialeVittorioEmanueleII,Bergamoltaly	05/09/2011 - 07/07/2016

KEY SKILLS

<ul style="list-style-type: none">Patient Assessment & DiagnosisPostural Analysis & RehabilitationCraniosacral & Visceral OsteopathyTeam Collaboration & NetworkingMuscle Relaxation Massage – Focused on relieving muscle tension and promoting overall relaxation.Myofascial Release – Targets fascia and connective tissue to reduce pain and improve mobility.Sports Massage – Designed to prevent injuries, enhance performance, and aid recovery in athletes.Lymphatic Drainage Massage – Gentle techniques to stimulate lymph flow and reduce swelling.Swedish Massage – Classic massage with long, gliding strokes to relax muscles and improve circulation.	
--	--

LANGUAGES

Italian - Native | English - Fluent | Spanish – Intermediate