# 

# CURRICULAM VITAE

# Ms. SIMIMOL MATHEW

# MANNUKKUNNEL (HOUSE)

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**Objective**

To enhance my skills in Critical care area by utilizing my experience and dedicate my service to society and in the process to develop my personality.

**Specialty**  : **EMERGENCY AND TRAUMA ROOM (King Khalid Hospital & Heart Center, Najran Saudi Arabia)**

Designation : Staff nurse

Total Experience : 7 Years (5 years of Continuous experience in Emergency

Trauma)

Age/sex : 29 years/ Female

Languages Handling : English, **Arabic**, Malayalam, Tamil.

Nationality : Indian

Religion : Christian

Education : City college of Nursing, Manglore (Karnataka)

Course : BSC. Nursing

Year of Passing : 2012, AUGUST

**EMPLOYMENT HISTORY**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Institution** | **Designation** | **Department** | **Period** | **Duration** |
| KING KHALID HOSPITAL & HEART CENTER ,NAJRAN,SAUDI ARABIA | STAFF NURSE | EMERGENCY AND TRAUMA ROOM(ER) | 12/09/2015-18/07/2020 | 4 YEARS & 10 MONTHS |
| FATHER MULLER MEDICAL COLLEGE | STAFF NURSE | ORTHOPAEDIC WARD AND EMERGENCY ROOM(ER) | 24/01/2013-06/04/2015 | 2 YEAR AND 2 MONTHS |

**RECENT EMPLOYMENT DETAILS:**

Name of Hospital : KING KHALID HOSPITAL, NAJRAN (SAUDI ARABIA)

(King Khalid Hospital and Prince Sultan Kidney and Heart Center is a 330 bed capacity hospital, it’s a premier multi-specialty Trauma Center, CBAHI and JCI accredited hospital, it is a referral hospital in Najran Region)

Hospital Capacity : 330 Beds

Position : Staff nurse

Unit : ER

Unit Capacity : 32 bedded

Nurse / Patient Ratio : 1:2

**PROFESSIONAL QUALIFICATIONS:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Course | Institution | Board / Univ. | Year | Reg. No. | Marks |
| BSC NURSING | City college of Nursing, Manglore (Karnataka) | Rajiv Gandhi University Of Health Sciences | 2008-2012 | 52637 | 1 - 61%  2 - 63%  3 - 66%  4 - 64% |

**Licenses And Certifications**

Registered Nurse License – **Dubai (DHA)** –ID No: 01722897

Registered Nurse license- **Saudi Arabia** – ID No: 16-N-N-0011465

Registered Nurse license- **Karnataka State Nursing Council** – ID No: 52367

BLS Certification – National Health Care Provider Solutions

ACS Certification - National Health Care Provider Solutions

PALS Certification- National Health Care Provider Solutions

**EDUCATIONAL QUALIFICATIONS:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course Details** | **Board / University** | **Year** | **Marks** |
| S.S.L.C | Board of Public Examination, Kerala State | 2005– 2006 | 66% |
| PLUS TWO | Board of Higher Secondary Examination, Kerala State | 2007 – 2008 | 66% |

**SUMMARY OF EXPERIENCE**:

Displayed expert clinical skills in managing the critical care of all categories of Emergency Department patients.

* Reacted effectively in emergency scenarios, demonstrating sound decision-making that helped saved patient lives.
* Utilized the nursing process based on staff and patient interviews.
* Collaborated with other ER professionals to ensure effective patient care delivery-Identified patients' condition and addressed nursing care.
* Assisted in the efficient operation of Emergency Room unit- Performed various medical assignments as required.
* Continually look for opportunities for professional development and improvement.
* Experience with Omni cell medication distribution and computerized charting.
* Consulted and coordinated directly with physicians to assess, plan, implement, monitor, and evaluate patient care plans from admission through discharge.
* Maintained accurate, detailed reports and records.
* Monitored, recorded and reported symptoms and changes in patients' conditions.
* Instructed individuals and families on topics such as health education, disease prevention and management, and developed health improvement programs.
* Prepared patients for, and assisted with, examinations and treatments.
* Assessment and placement of patients as a triage RN.
* Ensure the provision of quality emergency medical care to patients requiring emergency treatment in accordance with physician orders, hospital policy, and standard nursing practice.
* Coordinate patient referrals and discharge planning activities.
* Identified and met patient/family learning and discharge needs upon admission through discharge; executed necessary trauma, emergency and rapid assessment processes while providing comfort and care to patients and families in emergency situations.
* Assisted with various emergency procedures, treatments and techniques; worked within a multi-disciplinary environment to ensure that the highest level of care was maintained at all times.
* Applied expertise in rapid assessments and treatments, particularly upon patient arrival to the ER during initial phase of acute illness and trauma; treated a variety of illnesses or injury in children and adults, from minor bacterial infections, to cardiac arrests, to emergency trauma situations.
* Offered patient teaching and discharge from ER or transferring to the floor hospital bed.

**ADMINISTRATIVE RESPONSIBILITIES**

* Co-ordination of nursing activities.
* Assigning and delegating duties and responsibilities.
* Orientation of nursing students and new staffs.
* Supervision of junior staffs, nursing aids and domestic staffs.
* Storing of HIGH ALERT drugs, LASA drugs
* Maintaining stock-linen, central store stock supplies and drugs at all times
* Repairs and replacements
* Inventories and recording.

**CASES HANDLED:**

* Myocardial Infarction
* Congestive Cardiac Failure
* Angina Pectoris
* Hypertension
* Pneumonia
* Respiratory failure
* Intercostal Drainage
* End Stage Renal Disease
* Bomb blast And Gunshot Injury Cases
* Burns Cases
* Infectious isolation cases including MERS-CoV and COVID-19 cases.
* All kind of trauma (RTA & Other) and fracture cases

**PROCEDURES CARRIED OUT / ASSISTED FOR:**

* Intubations
* Emergency Thoracotomy
* Intramuscular Injection
* Intravenous Injection
* Subcutaneous Injection
* Phlebotomy
* Blood and blood product transfusion
* Introducing Nasogastric Tube
* Introducing Foley’s Catheter
* Wound dressings
* Elastic Bandage Applications
* Suturing, Suture removal etc.
* Central venous catheterization
* Paracentesis
* Inter costal drain insertion
* Liver aspiration

**DECLARATION:**

I hereby declare that the above statement is true and accurate to the best of my Knowledge.

Date: SIMIMOL MATHEW