# **EVELYN LOPES**

## NURSE MOH LICENSE

Mobile No +971 561801072

Email:- evelynlopes14@yahoo.com



#### **Objective: -**

Seeking work as a Staff Nurse in a hospital, Clinic, site nurse or as a part of the management in Order to bring my years of experience in the field of respective organization holding a valid MOH License

#### **Professional Summary: -**

Independent and compassionate Nurse with a diverse background in direct patient care, including 18 years of focused experience in medical and surgical ward nursing. Cross - functional history in dental units. Consistently recognized by patients and family members for kindness, commitment, and superior care. Seeking to leverage skills and expertise in a Nurse role with a department that values precision and a team-orientated approach to healthcare.

#### **UAE WORK EXPERIENCE**

# S.K ENGINEERING & CONSTRUCTION Co., Ltd. (M – PROJECT) under ADNOC - FUJAIRAH - UAE.

Currently working as Industrial Nurse from Aug 2020 TO Till Date

- Respond to any medical Emergency / First Aid & provide onsite treatment as per the protocol.
- ➤ Manage the incident and ensure the continuing safety of themselves, bystanders and the casualty.
- > Assess any casualties and discover the nature and cause of their injuries or illnesses.

#### **Skills**

- Emergency room care
- Patient transport
- Patient safety
- Communication
- Time-management
- Critical thinking and problem-solving
- Maintains patient confidentiality and upholding professional ethics
- Teamwork skills displayed through experience collaborating with other nurses and doctors to improve patient and family education programs
- · Patient and family education
- Excellent knowledge about nursing procedure
- Patient and family education
- Networking
- Critical thinking and creative problem solving
- Professionalism

- Arrange for further medical help or other emergency services to attend. Usually by making an emergency phone call to 999 (Police) or 998 (Paramedics).
- Priorities casualty treatment based upon medical need & Provide appropriate first aid treatment and that is reasonable in the circumstances
- ➤ Provide a handover when further medical help arrives
- > Prepare documentation as required following the incident
- ➤ Be aware of the location of nearest first aid box, its contents, and the ensuring that the contents are replenished when necessary.
- Assess the situation quickly and calmly
- ➤ Perform physical examination, make authorization decision based on nursing diagnostic in low care area
- Forward employees who required follow-up according to established procedures set by Management
- ➤ Administration of medications or treatment upon medical prescription or acceptable medical procedures
- Perform diagnostic test not limited to blood pressure, hear test, visual acuity
- ➤ In case of emergency, provide first aid care, and assist employee s transfer to the appropriate medical services
- ➤ Identifying people who because of illness or injury cannot continue to function effectively at present jobs and need to be relocated to a more suitable job.
- ➤ Health promotion in the workplace, Smoking cessation & stress management
- Maintain the medicine stock & the inventory.
- Arrangements and participation in emergency drill services; fire, police, ambulance services
- ➤ Identification of hazards. Factory visits to observe work processes can help to identify possible hazards at work. Measures to protect workers from effect of hazards
- Periodic examination
- Regular camp visit & health checkup of employees
- Screening for evidence of early signs of non-occupational disease such as hypertension and heart disease.
- Screening for early detection of occupational disease such as noiseinduced deafness and lead poisoning.
- ➤ Health education and safety training
- ➤ Performing COVID Internal swab test and mass test for all the employees once in every month as per The Management & Ministry policy.
- To prevent undue exposure to known hazards, and to encourage good personal hygiene and safe work practices.
- > Surveillance of sanitary, catering and other welfare amenities
- Provision of information and advice on Health and Safety Leaflets, exposure issues

- Empathy
- Communication
- Confidence
- Conflict resolution
- Adaptability
- Initiative and strong work ethic
- · Technology skills
- Time management and stamina
- Ethics and confidentiality
- Patient transport

#### **COMPUTER SKILLS:-**

- Operating system ORACLE, HIMS, CIMS.
- Diploma in computer applications.
- Office 2000 with access & data entry practices
- Familiar with outlook & official software.

# THUMBAY ELITE MULTISPECIALITY CLINIC, AJMAN UAE

Staff Nurse from June 4th 2017 till March 2020.

- Attend and interact with the COVID Suspected Patients for Swab Collection, assisting and explaining further treatment as prescribed by the Doctor and arrange shifting of the patient to the Hospital depending on the patient physical conditions.
- ➤ Active participation and assisting the audits from Ministry of Health for surprise audits.
- Assist all the specialty doctors while performing procedures (Dental, OBG, IM, Pediatric, Radiology, GP) and maintain records as per the policy.
- ➤ Performs accurate and complete admission assessments Monitors and documents the patient's condition and the effectiveness of care and interventions.
- Ensure prompt transfer and receiving of patients interdepartmental and admissions.
- Follow-up of the investigations and procedures in collaboration with the lab, radiology as applicable.
- ➤ Establish and implement a care plan based on a sound nursing theory, scientific principles, professional judgment and individual patient needs
- Evaluates and updates the patient's plan of care to facilitate the achievement of planned and expected Outcomes.
- Administers prescribed medications and treatments in accordance with approved nursing protocol.
- Assesses for and plans the educational needs of the patients. Provides teaching and educational material to patients and families, which may include diagnosis, tests and procedures, safe and proper
- > use of equipment, use of medications, injury prevention and nutritional needs.
- > Ensure patient and staff safety in case of fire or any other emergencies as per faculty management standards.
- Usage and management of crash cart in emergency scenarios.
- > Sterilization of instrument's on regularly basics
- Monitors and resolves customer service issues and provides feedback regarding satisfaction results to Nursing Leadership and maintains confidentiality regarding patients and families.
- Interacts with patients, families and other visitors in a courteous, helpful manner.

#### **LANGUAGESKNOWN:-**

- English,
- Kannada,
- Konkani,
- Hindi,
- Malayalam,
- Marathi.

#### **CERTIFICATION: -**

- Corona virus (COVID-19) for Nursing Professionals.
- Volunteer and Defy COVID-19 (MBRU) – UAE
- Let's Break the Chain of COVID-19 Infection (MBRU) – UAE
- Seasonal Diseases and immunity Symposium UAE
- Perusing OET for year from (Ajman) Dubai.
- BLS & ACLS for Health Care Providers Course has successfully completed from American Heart Association.

- > Facilitates the incorporation of patient safety and Magnet principles into clinical nursing care.
- Participates in clinical nursing research and supports CCAD research initiatives.
- Keeps abreast of best practice information for nursing profession

#### **INDIA'S WORK EXPERIENCE**

#### BREACH CANDY HOSPITAL (Mumbai, India)

Night Nursing Supervisor from  $1^{st}$  Nov 2015 till  $30^{th}$  April 2017 Sr. Staff Nurse from  $3^{rd}$  Sep 2006 Till  $31^{st}$  Oct 2015

- Ensures nursing is practiced in accordance with professional values and moral principles and Maintains confidentiality as appropriate.
- ➤ Ensures performance of nursing practice remains in line with the facility, policies, procedures and standards.
- Supervise and evaluates the activities of assigned nursing units/wards.
- Facilitates appropriate staff coverage on assigned units/wards.
- > Evaluates the quality of nursing care.
- > Identifies the training/educational needs of staff personnel.
- ➤ Identifies, analyzes and resolves administrative problems by direct intervention or by notification of appropriate personnel.
- ➤ Collaborates with doctors, specialists and administrative personnel to solve client's problems.
- > Performs regular rounds accompanied by charge nurse of assigned units to ensure quality client care.
- Acts as a role model to enhance the professional nursing image and acts as an advocate for clients and including completion of necessary documentation, and notifies the concerned staff.
- Participates in Nursing Continuous Quality Improvement initiatives, in-service education programs, unit/ward meetings, and committee functions as assigned
- Ensures hospital equipment remains in safe operating condition
- Acts as a leader to encourage all staff personnel.
- > Participates in orienting new employees and new nurse graduates.
- ➤ Initiates emergency, safety practices and fire safety measures as necessary.
- Maintains appropriate MOH nursing competencies in line with Federal Department of Nursing

- Certificate of completing UPDATES IN INFECTION CONTROL from UAE.
- Certificate of completing EMERGENCY MEDICINE CRITICAL CARE from UAE.
- Certificate of completing NURSING MANAGEMENT COURCE from Dr. L.H. Hiranandani Hospital in India.
- Certificate of Participation in ONCOLOGY NURSING workshop held at TATA Memorial Hospital, India.
- Certificate of PRESSURE AREA MANAGEMENT held at Breach Candy Hospital. India

- ➤ Competency guidelines and continues personal professional development. Acts as Assistant/Deputy DON in his/her absence.
- ➤ Performs other job-related duties as assigned, Promote the mission, vision, and values of the Organization.
- Assess patient care requirements on each unit, by making rounds in the Emergency Department (ED), and all other areas of the hospital (according to departmental need/activity).
- Assess the acuity of care required by patient the patients.
- ➤ Develop and implement staffing plan for shift based on patient acuity, patient census and available staff. Serve as a resource to staff for solving clinical problems.
- Assist staff to efficiently utilize staffing resources to meet patient care requirements and other professional responsibilities.
- ➤ Provide for immediate follow-up, documentation and communication of incidents to appropriate managers and directors.
- Respond to emergencies (RTA, Code Blue) and assists as necessary.
- Act as a resource in identifying and solving administrative/operational problems
- ➤ Work collaboratively with nursing and ancillary staff to solve problems in a fair, consistent manner.
- Contact representatives of departments not presently in the hospital for assistance with problem solving, timely and appropriately.
- Act as a resource, interpret and ensure adherence to Roosevelt General Hospital and nursing philosophy, policies and procedures.
- ➤ Obtain materials/supplies from Materials Processing and/or the Storeroom for patient care when these departments are not open.
- Provide support, guidance and feedback to staff
- ➤ Give ongoing timely feedback, verbal and written anecdotes, to staff on performance. Written anecdotes are passed on to the nurse manager or director to be used as part of performance evaluation.
- ➤ Contribute to evening, night and weekend staff performance evaluations.
- ➤ Facilitate staff attendance at staff development sessions, offered during their shift.
- Identify and communicate staff needs for continuing education to the Education Director
- Assist staff to interpret change in a positive manner.
- Assist staff to provide a safe work environment for patient care.
- Assist in the preparation and implementation of the annual goals for the department.
- Keep professionally current, by attending continuing

PERSONAL DETAI	<u>LJ</u>
•Name	: Evelyn Lopes
•Father's Name	: Pathrone Lopes
•Date of Birth	: 14thMay 1983
•Sex	: Female
•Blood Group	: Ab + ve
•Height	: 145Cms.
•Marital Status	: Married
•Religion	: Christian (Roman Catholic)
<ul><li>Nationality</li></ul>	: Indian.

- education programs, seminars, workshops, Supervisor Conference Group Meetings, and independent research reading.
- Consistently and independently follows established safety and infection control procedures. Intervene in unsafe situations.
- ➤ Comply with the standards of conduct and Corporate Responsibility Program and seeks guidance when in doubt.
- Meet or exceed expectations
- > Discharged patients and followed up on every file.
- Maintained patient's physical and psychosocial health.
- Monitored safety and effectiveness of the environment and equipment.
- Assessed signs and symptoms indicating physiologic and psychosocial changes in the
- > Patient's condition.
- ➤ Collected, analyzed, and interpreted data and information from health care members and documents actual and potential diagnoses
- Documented patient's plan of care using identified nursing diagnoses, expected patient outcomes, and
- > Selected nursing interventions.
- Monitored consistency between patient plan of care and actions of medical staff.
- Modified plan of care according to evaluation, changes in medical plan of care, and effective and ineffective nursing interventions.
- > Documented patient's response to nursing and other interventions.
- > Educated patients on surgical procedures.
- Monitored consistency between patient plan of care and actions of medical staff.
- ➤ Modified plan of care according to evaluation, changes in medical plan of care, and effective and ineffective nursing interventions.
- Documented patient's response to nursing and other interventions.
- Educated patients on surgical procedures.
- Discharged patients and followed up on every file.
- Maintained patient's physical and psychosocial health.
- Monitored safety and effectiveness of the environment and equipment.
- Assessed signs and symptoms indicating physiologic and psychosocial changes in the Patient's condition

#### **AWARDES & PRAMOTIONS: -**

- 1. GOT PROMOTED FROM
  SENIOUR NURSING STAFF TO
  NURSING SUPERVISOR IN 2015
- 2. AWARDED FOR
  OUTSTANDING SERVICE
  FROM THUMBAY HOSPITAL,
  AJMAN IN 2019
- 3. AWARDED FOR EXCELLENT
  SUPPORT AND
  OUTSTANDING
  CONTRIBUTION IN THE
  REMAKABLE
  ACHIEVEMENT, FROM SK
  ECOPLANT, FUJAIRAH,
  UNDER ADNOC IN 2022

## PROFESSIONAL AND EDUCATIONAL QUALIFICATION: -

COURSENAME	NAME OF THE INSTITUTION	YEAR	REMARKS
(MBA) Executive Master's Program in Business Administration	KAZIAN School of Management. Mumbai Maharashtra,	2017 2018	Marks - 828 / 1100
MAJOR- Hospital Administration & Hospital Management	India.		A + 75%
Ministry of Health & Prevention Assistant Nurse (MOH)	Ministry of Health & Prevention	Sep 2016	LICENSE NO T- 44790
Nursing Management	Dr. L.H. Hiranandani Hospital, Powai,	2015 2016	68.33%
Professional registration	Temporary Registration, Mumbai	2014	Sr. No.05186
Professional registration	Karnataka nursing Council	2006	Reg. No.68010
Professional registration	Indian nursing council	2005	Reg. No. 02DN5212
Diploma in general Nursing & midwifery	Nanjappa Trust School of Nursing, Karnataka,	2002	Reg. No. 02DN5212
P.U.C	Gov. Pre University collage ,Karnataka, India	2000 2002	75%
S.S.L.C	Nirmala Girls High school.	2000	60%

### **PASSPORT DETAILS:**

Passport No.	L 9496480
Date of Issue	22/ May/2014
Date of Expiry	21/ May/2024
Place of Issue	BANGALORE

### VISA DETAILS

Visa No.	701/2020/2/0011367
Date of	01/ JULY/2022
Issue	
Date of	31/ JUL /2024
Expiry	
Place of	Fujairah
Issue	
Visa type	Employment visa