



SWETHA ANN VARGHESE

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email: annswetha92@gmail.com

ABOUT ME

I am an experienced Nurse Midwife and a Public Health professional seeking job in a NABH accredited hospital at Mangalore, seeking a new job related to health care field where I can apply my knowledge and skills for continuous improvement.

Career Profile

1. Father Muller Medical College Hospital, Karnataka

Role: Staff Nurse from March 2015 to July 31 2015

2. Christelijke Mutualiteit- A Mutual Health Insurance Organisation, Belgium

Role: Internship from 20th June 2017- 22nd July 2017

3. Sri Mathru Hospital-Multispeciality and Trauma Centre, Bangalore

Role: Staff Nurse from 1st August 2017 to July 31 2018

4. Father Muller Medical College Hospital, Karnataka

Role: Staff Nurse from 1st August 2018 to August 31st 2019

RESPONSIBILITIES:

- As a Staff Nurse worked in the Emergency Department of Labour for taking care of the Antenatal, Intranatal, Postnatal mothers and newborn babies.
- Assisting Doctors and Mothers for the Normal Delivery Process.
- Education to Mothers and extended family members for the importance of Postnatal Care, Newborn care and Exclusive Breast Feeding.
- Acted as coordinator for ensuring holistic, voluntary and social services for pregnant women during the journey of pregnancy for every woman's birth experience regardless of risk factor.
- During the internship at Belgium the main responsibility to understand the mutual health insurance, governance in an organisation and the social entrepreneurship in taking of elderly, young and long term ill people.

PERSONAL SKILLS

Flexible, Honest and Hardworking

Capable to do things independently

Quick learner

Ability to do multitask and manage conflicting demands

Good work ethics

Excellent communication and influencing skills.

Excellent time management skills & can meet the deadlines without compromising on quality.

COMPUTER SKILLS

Operating System: Windows, Linux.

MS Office: Word, Excel, Powerpoint, SPSS

Typing Skills: 35 -40WPM

EDUCATION

Master of Public Health (MPH)-2015 to 2017 from K.S. Hedge Medical Academy, Nitte University, Deralakatte, Mangalore

Bachelor of Nursing (B.Sc N) -2010 to 2014 from Father Muller College of Nursing, Kankanady, Mangalore.

Higher Secondary School (Science, 2008),
O.E.M Public School, Eraviperoor P.O,
Thiruvalla, Pathanamthitta Dist, Kerala

PERSONAL INFORMATION

Address:

Alappurathu (H),
Vazharmangalam P.O ,
Kallisserry Via Chengannur
Alappuzha Dist,
Kerala, India-689121

Contact Number : +971557482433

Date of Birth: 24 JAN 1992

Nationality: Indian

Marital Status : Married

Passport Number: S 5034858

Hobbies

Music , Movies, Travelling

REFERENCES

**1.Dr. Sudeep Kumar, Former
Head of the Department of Public
Health, Nitte University,
Karnataka. Phone number:
+91959094434; Mail ID:
drsudeepkumar@nitte.edu.in**

**2.Dr. Sanal T.S, PhD,
Biostatistician Nitte
University, Karnataka
Phone number:
919901728831
Mail:
sanal.statistics@gmail.com
il.com**

**3.Mr. Geert Basyn,
General**

OTHER EXPERIENCE

Conducted studies in field level practical and working of
Mother Child Tracking system on August 2016.

Participated in a District Level Health Campaign on BEAT
DIABETES on April 8th 2016

Two months of experience in using Global Positioning
System for mapping the Water Connections to the
Households in Udupi District, under the support of
Government of Karnataka, June- July 2016.

Attended NSS Campaign on O.E.M Public School
Eraviperoor, May 2016.

Conducted studies for assessing the level of awareness
regarding insurance among people using OPD services
at Tertiary and Rural Health Centres, February 2016.

Participated in Health Education Programs for Antenatal
and Postnatal mothers.

Participated in Health Screening camps for Women's
(above 40 yrs of age) for screening Breast Cancer and
Cervical Cancer.

Attended various CNE sessions on various Health Care
issues and the innovations in the Health care sector.

SEMINARS

International conference on Malaria in Global Health
under auspices of National Health Institute, 2017.

1st National Conference on Technological Applications in
Health Care, (TAHCON) 2016.

Workshop on Geospatial Technologies in Public Health by
Achutha Menon Centre for Health Studies, Sree Chithra
Tirunal Institute for Medical Sciences and Technology with
support of Department of Science and Technology, under
Government of India, 2016.

1st International Colloquium on Health Literacy and Health
Promotion under Asian Health Literacy Association and
UNICEF, 2016.

24th Session IAPP (Intercollegiate Academic Programme for
Postgraduates) CME on Health Economics and Health Care
Management, 2016.

State Level Conference on Nurse Wife –a phase to change

Cardio Pulmonary Resuscitation Training, American Heart

**Management,
European and Indian
Affairs, Christelijke
Mutualiteit, Belgium.**
Phone number:
0475584022; Mail ID:
geert.basyn@cm.be

**4. Ms. Darryl Aranha
Deputy Chief Nursing Officer
Father Muller Medical College
Hospital
Kankanady,
Mangalore
Phone number: 09481346802**

Association and Indian Institute for Emergency Medical Service,
2014

INTERNSHIP

An extensive international internship program at Christelijke Mutualiteit (CM), a Christian Health Insurance Fund, Belgium (June 20-July 22, 2017).

SPECIAL ACHIEVEMENT:

**Attained First Rank for the Post Graduation program
Masters of Public Health from Nitte University-
Mangalore, Karnataka**

DECLARATION

I hereby declare that all the above given facts are true to the best of my knowledge and belief. If I get this opportunity, I assure that I will work sincerely to meet your expectation.

Swetha Ann Varghese

Place: India

Date : 09-07-2019