

### **PROFILE**

An enthusiastic individual with highly motivated and leadership skills, to work for an organization, that provides me the opportunity to improve my skills and knowledge to growth along with the organization's objective. To use my educational skills and knowledge in the best possible way for achieving the company's goals. I am seeking for the role of a professional social worker; willing to help those in need and facing psychosocial difficulties; possess the ability to provide psychological, social and emotional support to patient's health challenges.

### CONTACT

PHONE: 054-5048478

EMAIL: syamagowri8714@gmail.com

### **PASSPORT DETAILS**

Date of Birth-22.02.1993

Place of issue-Trivandrum

Expire Date-10.02.2029

### **VISA DETAILS**

Visa Status – Visit Visa Visa Validity – 14.06.2021

# SYAMA SASIDHARAN

## **EDUCATION**

Amrita Vidyalayam, Karicode, Kollam, Kerala, India. 10th ICSE, (1997-2009).

Miladhi Sherief Memorial H S S, Karicode, Kollam, Kerala, India. Plus Two (Commerce), (2009-2011).

TKM College of Arts and Science, Karicode, Kollam, Kerala, India. Bachelor of Arts (Islamic History), (2011-2014).

University of Kerala, Kariavattom Campus, Trivandrum, India. MSW- Medical and Psychiatric Social Work, (2014-2016).

TKM College of Arts and Science, Karicode, Kollam, Kerala, India. PGDC (Post Graduate Diploma in Counselling Psychology), (2017-2018).

## **AREA OF EXPERTISE**

Medical social work, Psychiatric social work, School social work, Counselling – (individual counselling, psychiatric counselling, family counselling, school counselling, de- addiction, child counselling and geriatric counselling), documentation, clerical works, organizing and conducting awareness programmes, public relation, administration, HR management and report writing.

## **WORK EXPERIENCE**

## 1<sup>st</sup> November 2016 – 1<sup>st</sup> March 2017

Psychiatric counsellor and case worker at KELSA (Kerala Legal Service Authority) Unit at Gandhi Bhavan International Trust, Pathanapuram, Kollam, Kerala.

### 1st September 2016 – 1st September 2017

Psychiatric social worker cum counsellor at FERNS MEDICAL CENTRE, (Recognized by the Kerala Nursing Council and Indian Nursing Council) Kollam, Kerala.

### 2<sup>nd</sup> September 2017 – 2<sup>nd</sup> September 2018

Psychiatric social worker cum counsellor at ASHRAYA CHARITABLE SOCIETY, Kollam, Kerala.

## 3<sup>rd</sup> September 2018 – 3<sup>rd</sup> October 2019

Psychiatric social worker cum counsellor at NMCMD, (Nicholas Memorial Centre for Mental Health and De-Addiction) Kollam, Kerala.

## 4th October 2019 – 14th March 2021

School counsellor at INDIAN PUBLIC SCHOOL, Thazhuthala, Kollam, Kerala.

### **SKILLS**

- An effective communicator with strong analytical, problem solving and organizational abilities possessing a flexible and detail oriented attitude.
- Client and case management.
- Fluency in English, Malayalam and Tamil.
- Empathetic Communication.
- Patience.
- Cooperative: work well with others.
- Confident: Trusting, full assured, belief, trust in myself.
- Flexible team member.
- Observation skill.
- Time management.
- HR Assistance.
- Leadership quality.
- Administrative management.
- File Controlling.
- Office receptionist.

## IT KNOWLEDGE

- MS Word (Advanced knowledge).
- MS PowerPoint (Advanced knowledge).
- MS Spreadsheet (Basic knowledge).
- MS Excel (Basic knowledge).
- Data Entry (Accurate).

## **DECLARATION**

I, hereby declare that the above mentioned information is correct up to the best of my knowledge and I bear the responsibility for the correctness of the above mentioned particular.

Syama Sasidharan