

CURRICULAM VITAE



ASNA C M

Current Address:

Deira, Dubai

Permanent Address

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Profile Summary

An experienced and fully qualified registered nurse who is efficient, thorough and passionate about delivering the best levels of care to the patients. Able to follow hospital rules effectively and also provide medical care to patients by consulting with physicians to determine the best course of treatment. Capable of thinking and acting quickly in stressful emergency situations. Having an excellent understanding of the proper use of various equipment's as well as experienced in providing emotional and mental support to the patients and family members.

Career Objectives

Demonstrate leadership qualities and acquire skills in problem solving and decision making and also participate as members of the health team in promotive, preventive and rehabilitative delivery system of the society.

Academic record

Educational Qualification

SSLC: (2013)

- GHSS Kannattupadam, Thrissur, Kerala
- Board of Public Examination, Kerala

HSC: (2015)

- Govt. HSS Chembuchira
- Board of Higher Secondary Examination, Kerala

Professional Qualification

B.Sc Nursing: (2015-2019)

- ☐ St Marys College of Nursing, Chitradurga, Karnataka
- ☐ Rajiv Gandhi University of Health Sciences, Karnataka

Professional Certification

- ☐ Basic Life Support (BLS) Valid till March 2024
- ☐ E Card Code : 225603951011

DHA REGISTRATION NUMBER : 04574106

**REGISTRATION TITLE: NURSE – REGISTERED NURSE :
NURSING**

Registration Details

Date of Registration : 04/05/2026

Category : Registered Nurse
Registration No : KL04202101213
Nursing Council : Kerala Nursing and Midwives Council

Personal Details:

Date of Birth :16/06/1998

Gender : Female

Nationality : Indian

Religion : Islam Marital

Status : Married

Mother Tongue: Malayalam

Passport Details:

Passport No :V 6573894

Date of issue : 12/01/2022

Date of expiry :11/01/2032

Place of issue :Cochin

Visa Status

Visiting Visa

Employment details

1. Vimala Hospital (Nellipoyil, Calicut, Kerala)

From 13/02/2020 to 11/03/2022 (Medical and surgical ward)

Designation and Department: Staff Nurse, Medical Surgical ward (Full time 48 hours per week)

Vimala Hospital is a 100 bedded Multi speciality hospital. is a recognized name in patient care. They are one of the well known Hospitals Backed with a vision to offer the best in patient care and equipped with technologically advanced healthcare facilities, they are one of the upcoming names in the healthcare industry. A team of well trained medical staff, non-medical staff and experienced clinical technicians work round-the clock to offer various services. A team of doctors on board, including specialists are equipped with the knowledge and expertise for handling various types of medical cases.

Equipment's Handled:-

- Thermometer
- Ambubag
- Face mask
- Cardiac Monitors
- Pulse Oxy Meters
- Skin Traction
- Feeding tubes
- Syringe Pump
- Nebulizer
- Infusion Pump.
- ECG Machine
- Glucometer
- Suction Apparatus.
- De-Fibrillator.
- Laryngo Scope.
- Oxygen Cylinder
- Sphygmomanometer
- Central Venous Pressure Monitor
- Oxygen Concentrator

Personal Competencies

- Able to work responsibly and under own initiative.
- Possessing excellent written and verbal communication skills.
- Having a calm disposition and the ability to think quickly.
- Ability to organize and prioritize work.
- Able to assess patient's physical, psychological and social problems.
- Acting as a role model for the newly qualified nurses.
- Reporting and investigating any untoward incidents.
- Participating in the clinical education of student nurses

Procedures Assisted

- Basic life support (CPR)
- Pleural Fluid Aspiration
- Suturing
- Intubation and extubations
- Lumbar puncture
- Bone marrow Aspiration
- Needle Aspiration
- Central Line Insertion
- E.C.G Recording

Skills Obtained During The Period

- Administration of Medications : Oral and Parenteral
- Surgical Dressing
- Bladder Irrigation
- RT aspiration
- Ryle's tube insertion and feeding
- Arterial and venous blood collection
- Nebulisation
- Suctioning - oral, endotracheal and tracheal
- IV infusion
- IV Cannulisation
- Blood transfusion
- Tracheostomy care
- Colostomy Care
- Oxygen Inhalation
- Bag and mask ventilation
- Obtaining ECG
- I.C.D. care
- Jejunostomy Feeding
- Pre Post Op Surgical Care
- Urinary catheterization
- Cardio Pulmonary resuscitation
- Usage of safe technique, infection control policies and protocols
- Care of post operative patients
- Assisting with activities of daily living.

Duties & Responsibilities

- General assessment of the patient & maintaining highest possible standard patient care with all aseptic technique.
 - Admission, discharge, transfers of patients and maintain their records.
 - Hourly maintaining urine output, IV fluids, Blood pressure, respiratory rate, temperature of the patients.
 - Maintaining nutritional status of patients on tube feed and parenteral nutrition.
 - Assessing the skin integrity of bed ridden patients.
 - Blood collection, Cannulization, & Blood transfusion.
 - Use of various modes of oxygen administration, Cardiopulmonary resuscitation & Intubation.
 - Urinary catheterization & its care.
 - Use of infusion pump & syringe pump.
 - Administration of Medications and Injections.
 - Providing direct patient care.
 - Interpreting clinical results and initiating investigations.
 - Providing clinical support and training to staff and students.
 - Ensuring that accurate documentation and administrative System records are kept.
 - Making sure equipments are clean and safe to use.
 - Regularly undertaking management of unit under the supervision of senior staff.
 - Preparing nursing care plans.
 - Teaching family members how to maintain health at home.
 - Creating a welcoming, caring and safe environment for patients and their families.
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Key Achievements

- Actively participated in seminars on CPR, breast feeding, diabetesmellitus, kangaroo mother care and soft skill training in sample collection.
- Participated in workshop on pediatric oncology

Linguistic Knowledge

- To Read & Write: English, Malayalam, Hindi and Arabic
- To Speak : English, Malayalam Tamil and Kannada.

References

1. Dr.Prabhakara – Chief Physician and Managing Director
Vimala Hospital
Nellipoyil , Calicut , Kerala
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Sri Punithamani – Principal
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Declaration

I do hereby solemnly declare that the particulars furnished above are true to the best of my knowledge and belief. I take the job with a great sense of responsibility, enjoy the challenge of new situations, and expect to make a positive contribution.

Place:

(ASNA C M)

Date: