# Sthembiso Victor Myeza

Kuwait, Kuwait city | +965 66495672 | mavidwana10@gmail.com | South African

### **Career Summary**

#### <Insert job you're applying for here>



I'm graduate from South Africa with a diploma in Somatology and over 5 years of certified massage therapy and facial experience in a variety of environments spanning South Africa, Oman and Kuwait. Exceptional client-focused services by staying on top of the latest trends and techniques in massage, facials and overall general wellness. Continuously take the initiative to go above and beyond what's expected of me whether generating ideas to attract more business or helping to maintain the operations of my place of employment.

#### **Skills & Professional Attributes**

- <u>Massage</u>: deep tissue, Swedish, reflexology, hot stone, aromatherapy
- <u>Facial</u>: Galvanic facial, Oxygeneo facial, deep cleanse and basic facials
- Foot care: medical pedicure/Footlogic, Manicure & Pedicure as well as Marrocan hammam.
- Professional & client-focused
- Maintaining high cleaning/hygiene standards
- Easily adaptable to different people/environments
- Constantly researching latest advancements in massage & facial therapy

#### Experience

December 2022 – Current <u>MASSAGE & FACIAL THERAPIST</u> The Hive Executive Grooming For Men- Kuwait, Kuwait City

November 2019 – December 2022 –<u>MASSAGE & FACIAL THERAPIST</u> 1948 Men's Salon & Spa—Muscat, Oman

• Over two years, helped build a new men's spa from the ground up by attracting and retaining a significant client base (60 clients/week in peak periods).

October 2018 – August 2019 <u>MASSAGE THERAPIST</u> Oyster Bay Lodge.—Human's Dorp, South Africa Overseeing IC programs, network of 9 ER/IC Advisers & Managers

• Significant experience massaging in many environments, adapting to the needs of an international client base (40 clients/week).

January 2017 – August 2018 <u>MASSAGE THERAPIST</u> Wellness Highway—Durban, South Africa

• Provided massage & reflexology rehabilitation therapies to children and adults, while performing reception and other required clinic operations duties.

## **Education**

National Diploma: Somatology | 2015-2017 | Durban University of Technology, South Africa

Related coursework: Biotics, Soma Techniques, Anatomy & Physiology, Microbiology, Pharmacology, Nutrition

Senior Certificate | 2013 | Khanya High School, South Africa

#### References

**Shelwin Uitlander** Supervisor Oyster Bay Lodge +27 6163 458 62 Robert Taylor Manager Wellness Highway Spa +27 2793 381 16

#### Sim Arsenio

Supervisor 1948Men's Spa & Saloon +968 7924 9461